
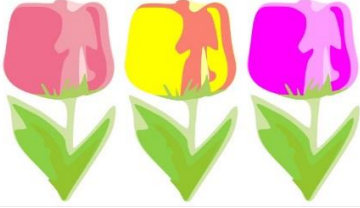


12:00 Noon

Lunch Menu

\$3.00 Contribution

Monday	Wednesday	Friday
<p><u>Please Make Reservations</u> <u>Two Weeks In Advance</u></p> <p>All Lunches served at the Pittsford VanHuysen Senior Center CALL 248-6235</p>		<p>PLEASE CIRCLE DATES</p> <p>YOU WANT TO RESERVE</p> <p>FOR LUNCH</p>
	<p>Meatloaf w/Vegetable Gravy 2 Mashed Potatoes Scandinavian Blend Vegetables Wheat Bread Pineapple</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;">Pittsford Highlands Chorus</div>	<p>Sweet & Sour Pork on Brown Rice 4 Oriental Blend Vegetables Spinach Dinner Roll Fruit Cocktail</p>
<p>Breaded Haddock w/ Tartar Sauce 7 Red Jacketed Potatoes Tuscany Blend Vegetables Marble Rye Bread Peaches</p>	<p>Roasted Chicken Breast w/ Dressing 9 Mashed Potatoes & Gravy Malibu Blend Vegetables Wheat Dinner Roll Chocolate Cake</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;">Cindy Rapp MCOFA</div>	<p>Pub Burger on Bun w/ Condiments 11 Summer Potato Salad Apple Juice Fresh Fruit Cup</p>
<p>Chicken ala King over 14 Warm Biscuit Peas Carrots Apricots</p>	<p>Broccoli Cheese Quiche 16 Cucumber, Onion, Sour Cream & Dill Salad Green Beans 12 Grain Bread Fresh Orange</p>	<p>Braised Pork Chop w/ Gravy 18 Mashed Potatoes Spanish Style Lima Beans Wheat Dinner Roll Fresh Apple</p>
<p>Goulash w/Ground Beef 21 Broccoli Scandinavian Blend Vegetables Italian Bread Applesauce</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;">Balance Class 1:15</div>	<p>Italian Sausage Pasta & Sauce 23 Wax Beans Italian Blend Vegetables Italian Bread Mandarin Oranges</p>	<p>Breaded Haddock w/ Tartar Sauce 25 Coleslaw w/out Pineapple Tuscany Blend Vegetables Dinner Roll Pineapple</p>
<p>ABVI 28 CLOSED NO LUNCH</p>	<p>Ground Beef Stroganoff over 30 Brown Rice Brussels Sprouts Mixed Vegetables Rye Bread Fruit Cocktail</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;">Nina Kalen</div>	<p>All Meals Served with milk, bread and butter.</p> <p>Soup served with crackers</p>



Monroe County Dept. of HS/Office for the Aging
No person shall be denied benefits or subjected to discrimination under any program or activity receiving Federal Assistance on the grounds of race, color, sex, religion, national origin, disability or marital status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, Monroe County Dept. of HS/Office for the Aging.

