

12:00 Noon

Lunch Menu

\$3.00 Contribution

Monday	Wednesday	Friday
<p><u>Please Make Reservations</u> <u>Two Weeks In Advance</u></p> <p>All Lunches served at the Pittsford VanHuysen Senior Center CALL 248-6235</p>		<p>PLEASE CIRCLE DATES</p> <p>YOU WANT TO RESERVE</p> <p>FOR LUNCH</p>
<p>All Meals Served with milk, bread and butter.</p> <p>Soup served with crackers</p>		<p>Broccoli Cheese Quiche 2 Green Beans Carrots Orange Juice 12 Grain Bread Pears</p>
<p>Chicken Cordon Bleu 5 Mashed Potatoes w/ Gravy Green Peas Wheat Bread Peaches</p>	<p>Tacos w/Ground Beef, Cheese 7 Shredded lettuce, Tomato Wedges, Salsa & Sour Cream Vegetable Soup Fresh Apple</p> <p style="border: 1px solid black; padding: 2px; display: inline-block;">Suzanne Feather MVP</p>	<p>Veggie Meatballs w/ Pasta & Sauce 9 Minestrone Soup Italian Bread Pineapple</p>
<p>Pub Burger 12 w/ Catsup, Mustard, Relish & Onion on Bun Corn Broccoli Apricots</p>	<p>Individual Meat Loaf 14 w/ Vegetable Gravy Smashed Potatoes Beets Wheat Bread Pears</p> <p style="border: 1px solid black; padding: 2px; display: inline-block;">Cindy Rapp MCOFA</p>	<p>Macaroni & Cheese 16 Stewed Tomatoes Onion & Zucchini Green Beans Wheat Bread Mandarin Oranges</p>
<p>Broccoli & Cheese Topped 19 Baked Potato w/Sour Cream Lentil and Black Bean Soup Dark Rye Bread Pears</p> <p style="border: 1px solid black; padding: 2px; display: inline-block;">Balance Class 1:15</p>	<p>Chicken ala King over 21 Warm Biscuit Peas Carrots Grape Juice Petite Banana</p> <p style="border: 1px solid black; padding: 2px; display: inline-block;">Nina Kalen</p>	<p>Breaded Haddock w/ Tartar Sauce 23 Coleslaw w/out Pineapple California Blend Vegetables Wheat Bread Fruit Cocktail</p>
<p>Goulash w/Ground Beef 26 Beets Green Beans Pumpnickel Bread Mandarin Oranges</p>	<p>Steak Diane w/Mushroom Sauce 28 Twice Mashed Potatoes Oriental Blend Vegetables Whole Grain Roll Banana Cream Pie</p> <p style="border: 1px solid black; padding: 2px; display: inline-block;">Music Program</p>	<p><u>Senior Center</u> 30</p> <p><u>Closed</u></p> <p><u>No Lunch Served</u></p>



Monroe County Dept. of HS/Office for the Aging
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