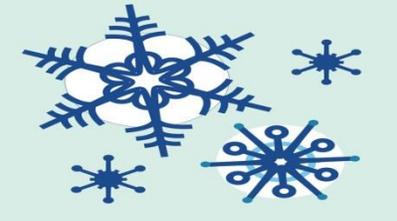


12:00 Noon

Lunch Menu

\$3.00 Contribution

Monday	Wednesday	Friday
<p><u>Please Make Reservations</u> <u>Two Weeks In Advance</u></p> <p>All Lunches served at the Pittsford VanHuysen Senior Center CALL 248-6235</p>		<p>PLEASE CIRCLE DATES</p> <p>YOU WANT TO RESERVE</p> <p>FOR LUNCH</p>
<p><u>ABVI</u> 2 <u>Closed</u> <u>No Lunch</u></p>	<p>4 Braised Pork Chop w/Gravy Au Gratin Potatoes Cauliflower Pumpnickel Bread Fresh Apple</p>	<p>6 Stuffed Pepper w/Sauce Mashed Potatoes Scandinavian Blend Vegetables Dinner Roll Pears</p> <div data-bbox="1295 653 1458 730" style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> Kit Nelson Music </div>
<p>9 Meat Lasagna Tossed Lettuce Salad w/Italian Dressing California Blend Vegetables Italian Bread Fruit Cocktail</p>	<p>11 Macaroni & Cheese Stewed Tomatoes Green Beans 12 Grain Bread Pineapple</p>	<p>13 Sweet & Sour Pork over Brown Rice Oriental Blend Vegetables Wax Beans Dinner Roll Fresh apple</p>
<p>16 Chicken ala King over Warm Biscuit Carrots Broccoli Butterscotch Pudding</p>	<p>18 Pub Burger w/Catsup, Mustard, Relish Onion, Shredded Lettuce & Tomato Slice Chicken Gumbo Fruit Cocktail</p> <div data-bbox="836 1207 1031 1285" style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> Nina Kalen Book Review </div>	<p>20 Chicken Burrito Rice Bowl w/ Cheese Lettuce, Tomato, Salsa & Sour Cream Mexican Bean Soup Soft Flour Tortilla Kiwi</p>
<p>23 Vegetable Lasagna Beets Carrots Italian Blend Vegetables Pineapple</p> <div data-bbox="308 1459 516 1537" style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> Balance Class 1:15 </div>	<p>25 Breaded Haddock w/Tartar Sauce Coleslaw w/out Pineapple Mixed Vegetables Wheat Bread Petite Banana</p>	<p>27 Beef Stew over Biscuit Tossed Lettuce Salad w/ Ranch Dressing Grape Juice Peaches</p>
<p>30 Italian Sausage w/Onions on Bun Steamed Potatoes Italian Bread Vegetables Mandarin Oranges</p>		



Monroe County Dept. of HS/Office for the Aging
 No person shall be denied benefits or subjected to discrimination under any program or activity receiving Federal Assistance on the grounds of race, color, sex, religion, national origin, disability or marital status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, Monroe County Dept. of HS/Office for the Aging.

