



12:00 Noon

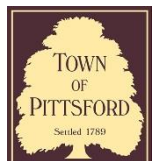
Lunch Menu

\$3.50 Contribution

Monday	Wednesday	Friday
<p><u>Please Make Reservations</u> <u>Two Weeks In Advance</u></p> <p>All Lunches served at the Pittsford VanHuysen Senior Center CALL 248-6235</p>		<p>PLEASE CIRCLE DATES YOU WANT TO RESERVE FOR LUNCH</p>
<p>BBQ Pulled Pork on Bun 2 Broccoli Carrots Pears</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin-left: auto; margin-right: auto;"> Spiegel Update Kate Munzinger </div>	<p>ABVI and Senior Center Closed</p>	<p>Chicken Quarter w/ BBQ Sauce 6 Mashed Sweet Potatoes Italian Blend Vegetables Apple Juice 12 Grain Bread Apricots</p>
<p>Ground Beef Taco Salad 9 w/ Cheese, Salsa & Sour Cream Tomato Florentine Soup Tortilla Fruit Cocktail</p>	<p>Macaroni & Cheese 11 Tomatoes, Zucchini & Onions Broccoli Italian Bread Watermelon</p>	<p>Braised Pork Chop w/ Gravy 13 Scalloped Potatoes Spanish Style Lima Beans Rye Bread Mandarin Oranges</p>
<p>Pumpkin Lentil Black Bean Chili 16 Broccoli Crackers 12 Grain Bread Peaches</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin-left: auto; margin-right: auto;"> Balance Class 1:15 </div>	<p>Chicken ala King over Biscuit 18 Carrots Peas Applesauce</p>	<p>Meatballs Pasta & Sauce 20 Tossed Lettuce Salad w/ Italian Dressing Wax Beans Breadstick Pears</p>
<p>Veggie Meatball Sub Sandwich 23 w/ Sauce Minestrone Soup Mandarin Oranges</p>	<p>Chili Topped Baked Potato 25 w/ Sour Cream & Shredded Cheese Broccoli Marble Rye Bread Honeydew</p>	<p>Seafood Salad 27 w/ Lettuce & Tomato On Thinwich Cabbage Beef Soup Pineapple</p>
<p>Goulash w/ Ground Beef 30 Broccoli Scandinavian Blend Vegetables Grape Juice Italian Bread Apricots</p>		<p>All Meals Served with milk, bread and butter.</p> <p>Soup served with crackers</p>





Monroe County Dept. of HS/Office for the Aging
 No person shall be denied benefits or subjected to discrimination under any program or activity receiving Federal Assistance on the grounds of race, color, sex, religion, national origin, disability or marital status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, Monroe County Dept. of HS/Office for the Aging.



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	<p>Rosemary Oven Brownd Chicken Quarter 1 Pea & Cheese Salad California Blend Vegetables Wheat Dinner Roll Watermelon</p> <p style="border: 1px solid black; padding: 2px; display: inline-block;">Citizen Preparedness</p>	<p>Broccoli Cheese Baked Potato 3 Split Pea Soup Wheat Bread Pears</p>
<p>BBQ Pork Riblet on Bun 6 Cauliflower Corn Applesauce</p>	<p>Chicken Salad Sandwich on Wheat 8 Thinwich Yankee Bean Soup Tossed Salad w/ French Dressing Fresh Peach</p> <p style="border: 1px solid black; padding: 2px; display: inline-block;">Nina Kalen</p>	<p>Tuna Pasta Salad 10 w/ Lettuce & Tomato Spinach Lentil Soup Apple Juice Wheat Bread Apricots</p>
<p>Broccoli & Cheese Ouiche 13 Green Beans Corn Wheat Bread Pineapple</p>	<p>Breaded Haddock w/ Tartar Sauce 15 Red Jacketed Potatoes Tuscany Blend Vegetables Marble Rye Bread Plums</p>	<p>Chicken Breast w/ Lettuce, Tomato 17 & Mayo on a Bun. Summer Potato Salad Orange Juice Ice Cream Sandwich</p>

THE SENIOR CENTER WILL BE CLOSED AUGUST 20 – 31



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