



Pittsford RECREATION



Next Steps for Spiegel Community Center ~ Details Inside

WINTER 2017

Registration Begins December 12th

Online Registration Available
www.townofpittsford.org

Inside this issue:
Aquatics
Sunrise Club/Child Care
Fitness, Health,
Wellness
Athletics

Department Information



RECREATION DEPARTMENT

585-248-6280

Jessie Hollenbeck Director
Andrew J. Urckfitz Assistant Director
Alison E. Burchett Recreation Supervisors
Kate M. Disbrow
Julie Donnelly, Pat Rice Admin. Staff
Audrey Janicki, Nedda Howk

TOWN BOARD

William A. Smith Jr. Supervisor
Jared C. Lusk Deputy Supervisor
Matthew J. O'Connor, Mary Gehl Doyle
Kate Bohne Munzinger

PARKS DEPARTMENT

585-248-6495

Jessica Neal General Foreman
Guy Nash Foreman
Dale Burgess, Clyde Cutter, Marie Drury

PARKS & RECREATION BOARD

Paul Wilson Chairperson
Cupertino Anaya Vice-chairperson
Mary Gehl Doyle Town Board Liaison
Linda Stoddard Secretary to the Board
Jessie Hollenbeck Recreation Dept Liaison
Claire Dickerson High School Student Representative

Members

Greg Riley, Lisa Stein, Rick Taylor,
Ron Anderson & Benjamin McCormick

On the Cover: Spiegel Center concept rendering by Passero Associates

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GENERAL INFORMATION

SPIEGEL COMMUNITY CENTER HOURS

35 Lincoln Ave • Pittsford, NY 14534

Mon-Thu9:00am - 9:30pm
Fri9:00am - 9:00pm
Sat8:00am - 8:00pm
Sun..... 1:00pm - 5:00pm

Open Basketball is updated seasonally and is available on page 10. Please call the Recreation Department at (585) 248-6280 or visit www.townofpittsford.org, scroll over the "Contact Us" menu tab, select the "Hours of Operation" link, and scroll down to the Spiegel Community Center for the open basketball hours.

Proof of Pittsford residency is required to use the gym.

PROGRAM INFORMATION - 248-6280

Spiegel Community Center rooms are available for community group meetings. Reservations must be made by a Pittsford resident 48 hours in advance at www.townofpittsford.org, click on "Facility Reservations" scrolling link and complete the reservation process.

The Spiegel Community Center is accessible to persons with disabilities.



William A. Smith Jr.
Town Supervisor



Jessie R. Hollenbeck
Recreation Director

NEXT STEPS FOR THE SPIEGEL COMMUNITY CENTER

On October 18, Pittsford residents resolved one of the Town's longest-standing pieces of unfinished municipal business. The 69% vote in favor of a complete upgrade, remodeling and expansion of our Spiegel Community Center permits work on the project to move forward.

While much work remains before actual construction can begin, we have an understanding, at least in broad outline, of the general time frame between now and the project's completion. The Town will begin immediately the process of engaging a construction manager and confirming the architects and engineers for the project. We expect to have all of this in place by the end of November.

We anticipate that schematic design and design development will take place over the winter, beginning in December and carrying on through the end of March 2017. If the remaining design work is completed by then, we can expect to have the full set of construction documents in hand by the end of June 2017. At that point the Town would issue a request for bids on the construction work. If this timeline holds as we move forward, we would expect to have the contractors selected sometime in September 2017, with construction likely to begin in September or October. We can expect construction to take a year. Please understand that at this point, the timing of each step in the outline described could change somewhat. Subject to this caution, we could expect the newly upgraded community center to be completed and open for use by the fall of 2018.

Of course, a project this extensive will mean closing down the community center for a period of about a year, to permit the work to proceed. The Town's plan is to obtain temporary space for as many as possible of our community programs currently offered at Spiegel. The Town took this approach in 2004, when it relocated our library to temporary quarters for a year, pending opening of the new Pittsford

Community Library in September 2005. So you can expect a certain amount of disruption and, yes, inconvenience, during that period. As we did in the case of the Library, we may consider it as a short-term sacrifice for a long-term gain.

The Town's year-long preparation and study to reach a recommendation to residents on the community center included working with a citizens' committee. It involved substantial solicitation of advice and comment from Pittsford residents. Incorporating so much of that advice into the Town Board's deliberation and recommendation, we believe, largely explains the public's endorsement of the project by such a resounding 2-1 margin in the recent referendum.

As the project now moves forward, participation by Pittsford residents becomes ever more important. We at Town Hall will keep you abreast of milestones in the planning process and will provide ample opportunity, through formal public sessions and otherwise, for continued participation by citizens.

At the risk of belaboring the point, we cannot emphasize strongly enough that, at this very early stage, the timeline we've sketched in rough outline almost certainly will be subject to variation and change. We'll keep you informed as matters proceed. Nevertheless we think it's both right and necessary to share with everyone our best understanding, at this point, of the steps ahead toward completion of this important civic project.

Finally, although we trust it goes without saying, our newly upgraded and modernized facility will continue proudly to bear the name "Spiegel Community Center" into the decades ahead, in honor of the career and accomplishments of Paul M. Spiegel, Pittsford Town Supervisor from 1966 to 1987. We look forward to Paul cutting the ribbon at the reopening!

If you have comments to share about the Town's Spiegel Community Center Renovation project, please contact us: Town Supervisor Bill Smith at 248-6220 or bsmith@townofpittsford.org, and Recreation Director Jessie Hollenbeck at 248-6284 or jhollenbeck@townofpittsford.org.



Pittsford Recreation Winter 2017 Registration Form

HOUSEHOLD INFORMATION

NAME _____	NAME _____
ADDRESS _____	ADDRESS _____
HOME# _____ WORK# _____	HOME# _____ WORK# _____
EMAIL _____	EMAIL _____
EMERGENCY# _____ CELL# _____	EMERGENCY# _____ CELL# _____

NON-RESIDENT FEE: Participants living outside of the Town of Pittsford and the Pittsford School District are required to pay a \$5.00 per activity registration fee (per individual registrant). No fee is required for free programs. Programs offered are designed for residents of the Town of Pittsford and Pittsford School District. If class size allows, registrations from non-residents who have paid the non-resident fee will be accepted. Participants living outside of the Town of Pittsford and Pittsford School District may register to receive our program brochures by mail by contacting the Recreation Department. There is a \$3.00 fee charged for outside mailing.

REFUND POLICY: Refunds are available, unless otherwise stated in the program description. All refund requests must be submitted to the Pittsford Recreation Department. If a program is canceled, total amount will be refunded. You may withdraw up to 7 calendar days prior to the start of a program; a refund will be granted with a **\$5 processing fee per person/per program** (certain programs may be nonrefundable or involve a portion of nonrefundable monies.) Within one week of a program's start date, or after a program has begun, only medical refunds will be granted. A doctor's written statement must accompany your request. Refund will be prorated based on the date of your notification to the Recreation Department. Absolutely no refunds will be granted after the program ends.

REGISTRATION TIPS: Programs that do not meet the minimum number of participants are subject to cancellation. Assume you are registered in the program unless the recreation department notifies you. Please remember that some of our programs fill quickly so please register early.

RELEASE: As part of my registration, or as a parent on behalf of a minor child, I recognize that programs involving physical activity have inherent risks of injury and/or damage and I assume any and all such risks, as well as the responsibility to be fully aware of the inherent risks associated with any program for which I register, before I begin participation. The Town and its employees will not be liable for injury or damage that occurs as a result of such risks and I waive and release the Town and its employees from any such liability. I also grant full permission to the Town to use my name, photograph, videotape or recording for any publicity promotion purposes without obligation or liability.

SIGNATURE REQUIRED: _____
 DATE _____ REGISTRANT (PARENT OR GUARDIAN IF UNDER 18)

Current Medical Conditions, Allergies, or Medications: _____

Special Accommodations? Yes, Please Indicate: _____

Participant Name	Gender	Birthdate	Grade	Program Title	Activity Code	Fee

T-Shirt Sizes	YS	YM	YL	YXL
	AS	AM	AL	AXL
				AXXL

**INCLUDE NON-RESIDENT FEE - \$5.00
(PER PERSON & ACTIVITY IF APPLICABLE)**

For Triathlon Participants
 300 Yard Swim Time: _____ min _____ sec



Total Amount: \$ _____

Please Make Checks Payable to Town of Pittsford

Mail-In Forms to 35 Lincoln Ave, Pittsford, NY 14534

(OFFICE USE ONLY)

PAYMENT METHOD: CASH _____ CHECK _____ CARD VS MC DV RECEIPT # _____

RESIDENT REGISTRATION BEGINS DECEMBER 12

NON-RESIDENT REGISTRATION BEGINS DECEMBER 19

candlelight NIGHT

**Tuesday, December 5
5:00-8:00pm**

*Sponsored by the Town of Pittsford,
Pittsford Village Business Association &
Pittsford Chamber of Commerce*

Come share the warmth of the holiday season throughout the Village of Pittsford. Shopping, caroling, and holiday treats are featured during this event as well as beautiful storefronts, traditional tree lightings, luminaries, and wagon rides throughout the evening.



The Nutcracker Ballet

Saturday, December 17

*Performances at
1:00pm and 7:00pm
Calkins Road*

Middle School Auditorium

The perfect show for the holiday time! Gather the family to see excerpts of this popular ballet on stage at Mendon High School. Tickets are available for purchase at the Spiegel Community Center. Prices are \$11.00 for adults, \$9.00 for children and senior citizens.



Sweetheart Dance

Friday, February 10 | 6:30-9:00pm

\$17 Per Person

Ages 5-13 | Spiegel Community Center Gym
Dance the night away at our annual Sweetheart Dance. Girls may bring their fathers or a special someone, such as a grandfather or uncle, as their guest. Music, refreshments and dancing make this event a memorable evening. A DJ will be playing music and providing fun activities. For an additional fee, a photographer will be available to capture the memory with a keepsake photo. Register early as space is limited.

You must register each participant for this program.



For more information about Town of Pittsford Special Events, visit our town website at www.townofpittsford.org or call (585) 248-6280

Child Care

Sunrise Club - BEFORE SCHOOL CARE

Pittsford Recreation is excited to offer Sunrise Club, a fun and safe before school care option for elementary school aged children. Come to the Spiegel Community Center at 7:00am to make new friends and get ready for the day. Pittsford Transportation will provide busing from the center to Pittsford Schools. Please contact Pittsford Transportation to make arrangements.

111422-01 5 days a week	Mon-Fri	Jan 3-Mar 24	7:00am-8:30am	Fee: \$224
111422-02 3 days a week (or fewer) Grades K-5	Mon-Fri	Jan 3-Mar 24	7:00am-8:30am	Fee: \$156

Spiegel Center Rm 105

For more information on this program or our drop in option contact Alison at 248-6287.
Program is closed
Jan 16, Feb 20-24 & Mar 17

Child Care Center

OPEN YEAR ROUND | Hours: Monday-Friday, 8:30AM-3:30PM

Child Care Rates

Time	One Child	Additional Child
1 Hour	\$5.00	\$3.00
1.5 Hours	\$7.50	\$4.50
2 Hours	\$10.00	\$6.00
2.5 Hours	\$12.50	\$7.50
3.0 Hours	\$15.00	\$9.00

*Plus an annual enrollment fee of \$12.00 per family

Children ages 18 months-5 years enjoy arts & crafts, dance & music, and creative play!

Stay for up to 3 hours of fun including snack and lunch time!

Families must provide food and drinks for each child (no peanut products please!) as well as diapers, wipes, and a spare set of clothing. Pittsford Transportation can provide busing from the center to Pittsford Schools.

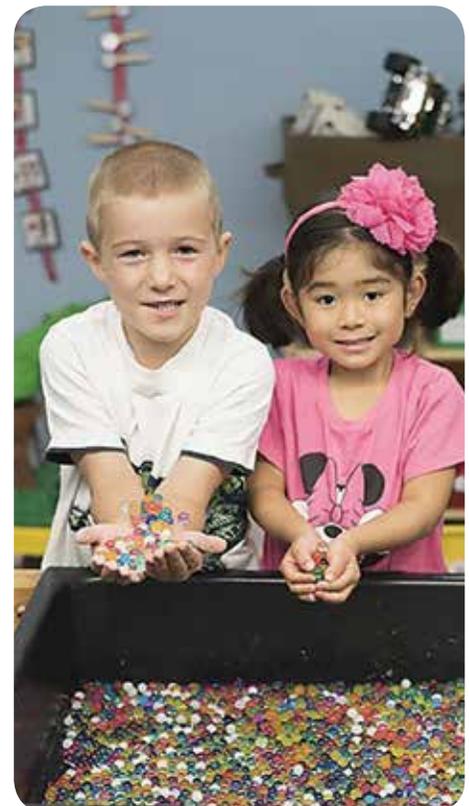
Call the Child Care Center at (585) 248-6295 for more information, to schedule a tour, or make reservations.

K-Wrap At Pittsford Recreation

111421-01 5 days a week	Mon-Fri	Jan 3-Mar 24	8:30am-12:00pm	Fee: \$1088
111421-02 5 days a week	Mon-Fri	Jan 3-Mar 24	12:00-3:30pm	Fee: \$1088
111421-03 3 days a week (or fewer)	Mon-Fri	Jan 3-Mar 24	8:30am-12:00pm	Fee: \$672
111421-04 3 days a week (or fewer) Ages 4 1/2-6	Mon-Fri	Jan 3-Mar 24	12:00-3:30pm	Fee: \$672

Spiegel Center

Are you in need of a recreational program for your child to attend before or after Kindergarten? Pittsford Recreation is excited to offer a quality, fun and safe recreational environment for your child to attend. Activities include arts and crafts, free play, story time and playtime in our gym or outside on our playground. Time is set aside daily for lunch and snack. **Each participant must bring his or her own lunch and water bottle!** The program is closed on school breaks, holidays and days when Kindergarten is NOT in session. If you are in need of care after 3:30pm, our After School Program is open until 6pm for an additional fee. Pittsford Transportation will provide busing to and from the center to your child's school. Please contact Pittsford Transportation to make arrangements for your child's busing needs. For more information on this program or our drop in option contact Alison at 248-6287. Program is closed Jan 16, Feb 20-24 & Mar 17.



ADVENTURE & NATURE

Guided Hikes on Pittsford Trails

Recreation Staff, Instructor

Reg. No.	Day	Date	Time	Fee
141021-01	Sat	Jan 28	8:30am	No Fee
			Historic Erie Canal Trails	
141021-02	Sat	Feb 18	8:30am	No Fee
			Irondequoit Creek Trail	
141021-03	Sat	Mar 18	8:30am	No Fee
			Isaac Gordon Nature Park	

Celebrate the debut of the new Town of Pittsford Trail Maps with a guided hike along some of Pittsford's historic pathways. Enjoy an early winter trip by Lock 62 (Jan 28th), view the salmon run along the Irondequoit Creek Trail (Feb 18th) or enjoy the Isaac Gordon Nature Park (Mar 18th). Participants will meet at the trail head and will be provided with a packet of new maps and area information. Maps are available for free ahead of time at: http://townofpittsford.org/trails_and_walkways

Registration is required.

Introduction to Fly Tying

James Strong, Trout Unlimited, Instructor

Reg. No.	Day	Date	Time	Fee
141005-01	Thu	Jan 26-Mar 23	7:00-9:00pm	Fee: \$65

Ages 12 and up Spiegel Center Rm 101

This course is intended to teach a novice or beginner how to tie well-proportioned and well-constructed fishing flies for trout fishing. The course will consist of seven 2-hour teaching sessions and one 2-hour review session. Topics to be covered are: How to select the proper fish hook for most flies, the proper use of the appropriate tools used in fly tying, material selection and handling for and during fly tying. The processes used to tie well-proportioned and well-constructed Wet Flies, Nymphs, Dry Flies and Streamers. Students will be expected to tie their own flies during the class. The instructor will demonstrate each fly and provide assistance for the students while they are tying the same fly in class.

EACH STUDENT WILL BE EXPECTED TO PROVIDE THEIR OWN TOOLS AND MATERIALS. Materials for tying the flies taught in THE FIRST CLASS ONLY will be provided. **Tools required for the course: Fly Tying Vise, Bobbin, Bobbin Threader, Dubbing Needle, Hackle Pliers, Scissors Medium and 6/0 Black Thread.** For more information contact Jim Strong at (585) 424-1403.

No class Feb 23.



Register Online At: www.townofpittsford.org

AQUATICS

Parent & Tot Swim

Aquatics Staff, Instructor

Reg. No.	Day	Date	Time	Fee
111101-01	Sat	Jan 7-Mar 11	8:45-9:15am	Fee: \$60
111101-02	Sat	Jan 7-Mar 11	9:20-9:50am	Fee: \$60

Ages 1-3 Barker Road Middle School Pool

A young child's first aquatic experience should be a pleasurable one guided by the hand of a Mom or Dad. Children will learn games and experience the first steps in learning to swim. Parents will learn how to safely enjoy the water with their small children. Please bring a swimsuit and a towel.

Barker Rd Middle School's pool parking lot is located off West Bloomfield Rd in Pittsford. Pool doors are located off the back of the building and back parking lot.

No class Feb 18 & 25

Parent & Tot Swim Plus

Aquatics Staff, Instructor

Reg. No.	Day	Date	Time	Fee
111102-01	Sat	Jan 7-Mar 11	8:45-9:15am	Fee: \$60
111102-02	Sat	Jan 7-Mar 11	9:20-9:50am	Fee: \$60

Ages 3-5 Barker Road Middle School Pool

Is your child able to submerge his or her head under water? Are they able to float on their front and back? Instruction will be utilized to coach both the child and parent in the water. Bring a towel and swimsuit. Please no first time swimmers.

Barker Rd Middle School's pool parking lot is located off West Bloomfield Rd in Pittsford. Pool doors are located off the back of the building and back parking lot.

No class Feb 18 & 25

Group Swim Lessons

Aquatics Staff, Instructor

Reg. No.	Day	Date	Time	Fee
111103-01	Sat	Jan 7-Mar 11	10:00-10:35am	Fee: \$80
111103-02	Sat	Jan 7-Mar 11	10:40-11:15am	Fee: \$80
111103-03	Sat	Jan 7-Mar 11	11:20-11:55am	Fee: \$80

Ages 4-13 Barker Road Middle School Pool

Students will work toward their certification of Red Cross Learn to Swim levels 1-6. In level 6, students have the option of focusing their certification in four specific areas. These include: Personal Water Safety, Fundamentals to Diving, Lifeguard Readiness, and Fitness Swimmer. Please inform your instructor as to which area you would like to focus on for the session. This program teaches children to swim and be safe in and around the water. Parents are welcome to observe classes. Bring a towel and swimsuit. Goggles are optional.

Barker Rd Middle School's pool parking lot is located off West Bloomfield Rd in Pittsford. Pool doors are located off the back of the building and back parking lot.

No class Feb 18 & 25



Aquatics

Private Swim Lessons

Aquatics Staff, Instructor

Reg. No.	Day	Date	Time	Fee
111104-01	Mon	Jan 9-Feb 13	6:00-6:30pm	Fee: \$100
111104-02	Mon	Jan 9-Feb 13	6:35-7:05pm	Fee: \$100
111104-03	Mon	Jan 9-Feb 13	7:10-7:40pm	Fee: \$100
111104-04	Mon	Jan 9-Feb 13	7:45-8:15pm	Fee: \$100
No class Jan 16				
111104-05	Wed	Jan 11-Feb 8	6:00-6:30pm	Fee: \$100
111104-06	Wed	Jan 11-Feb 8	6:35-7:05pm	Fee: \$100
111104-07	Wed	Jan 11-Feb 8	7:10-7:40pm	Fee: \$100
111104-08	Wed	Jan 11-Feb 8	7:45-8:15pm	Fee: \$100
111104-09	Mon	Feb 27-Mar 20	6:00-6:30pm	Fee: \$80
111104-10	Mon	Feb 27-Mar 20	6:35-7:05pm	Fee: \$80
111104-11	Mon	Feb 27-Mar 20	7:10-7:40pm	Fee: \$80
111104-12	Mon	Feb 27-Mar 20	7:45-8:15pm	Fee: \$80

111104-13	Wed	Feb 15-Mar 22	6:00-6:30pm	Fee: \$100
111104-14	Wed	Feb 15-Mar 22	6:35-7:05pm	Fee: \$100
111104-15	Wed	Feb 15-Mar 22	7:10-7:40pm	Fee: \$100
111104-16	Wed	Feb 15-Mar 22	7:45-8:15pm	Fee: \$100

No Class Feb 22

Ages 4-12

Barker Road Middle School Pool

This program is designed for those children who need additional one-on-one assistance in learning to swim. Whether your child is afraid of the water or they need to refine their strokes before heading to a swim team, this program is for them. Students will be assigned to an instructor the first day of class. **All swim registrations will be taken on a FIRST-COME, FIRST-SERVE basis. So register early-class size is limited.**

Barker Rd Middle School's pool parking lot is located off West Bloomfield Rd in Pittsford. Pool doors are located off the back of the building and back parking lot.

Stroke Clinic for Advanced Swimmers

Aquatics Staff, Instructor

Reg. No.	Day	Date	Time	Fee
111106-01	Tue	Jan 10-Mar 7	6:00-6:50pm	Fee: \$80

Ages 6-14

Barker Road Middle School Pool

A class designed for children using American Red Cross standards who are Level III swimmers and above. The emphasis in this program will be on stroke development and refinement. Participant will be asked to produce a swimming level card at the first class.

Barker Rd Middle School's pool parking lot is located off West Bloomfield Rd in Pittsford. Pool doors are located off the back of the building and back parking lot.

No class Feb. 21

Lap Swim for Senior Citizens

Aquatics Staff, Instructor

Reg. No.	Day	Date	Time	Fee
131107-01	Sat	Jan 7-Mar 11	1:30-2:15pm	Fee: \$20

Ages 55 and up

Barker Road Middle School Pool

This program is geared specifically toward seniors who are looking to get in the pool for a good workout or for fun. Exercising in an aquatic environment is a great low-impact workout. This is a "do-it-yourself" program, no instruction will be offered. There will be a lifeguard on duty.

Barker Rd Middle School's pool parking lot is located off West Bloomfield Rd in Pittsford. Pool doors are located off the back of the building and back parking lot.

No class Feb. 18-25

Lap Swim for Adults

Aquatics Staff, Instructor

Reg. No.	Day	Date	Time	Fee
121108-01	Mon	Jan 9-Mar 20	8:15-9:00pm	Fee: \$45
121108-02	Wed	Jan 11-Mar 22	8:15-9:00pm	Fee: \$50
121108-03	Mon&Wed	Jan 9-Mar 22		Fee: \$90

Ages 18 and up

Barker Road Middle School Pool

Come join the Pittsford Recreation Aquatics Staff for this Adult Lap Swim Program. No lessons will be offered. A certified lifeguard will be in attendance.

Barker Rd Middle School's pool parking lot is located off West Bloomfield Rd in Pittsford. Pool doors are located off the back of the building and back parking lot.

No class Jan 16 & Feb 20-22

Family Open Swim

Aquatics Staff, Instructor

Reg. No.	Day	Date	Time	Fee
141105-01	Sat & Tue	Jan 7-Mar 11		Fee: \$60
	Sat		12:00-1:30pm	
	Tue		7:00-8:30pm	

No age limit

Barker Road Middle School Pool

For those families looking to spend some quality time together. Locker rooms are available. Fee for this program is per family.

Barker Rd Middle School's pool parking lot is located off West Bloomfield Rd in Pittsford. Pool doors are located off the back of the building and back parking lot.

No class Feb 18-25

Water Yoga

Penfield Sport & Fitness, Instructor

Reg. No.	Day	Date	Time	Fee
121115-01	Thu	Jan 12-Mar 2	8:15-9:00am	Fee: \$79

Ages 18 and up

Penfield Sport & Fitness

This class presents yoga poses in our 89 degree salt pure pool! Water yoga enhances strength, increases range of motion, improves balance, and includes relaxation techniques.

Penfield Sport & Fitness is located at 667 Panorama Trail West in Penfield.

Aqua Pre-Natal Yoga

Penfield Sport & Fitness, Instructor

Reg. No.	Day	Date	Time	Fee
121100-01	Mon	Jan 16-Feb 20	7:00-8:00pm	Fee: \$69
121100-02	Mon	Mar 6-Apr 10	7:00-8:00pm	Fee: \$69

Ages 18 and up

Penfield Sport & Fitness

Aqua Pre-Natal Yoga is aimed to help increase your stamina with stretches and breathing techniques. It will include strength and flexibility moves. Our 89 degree salt-pure pool is the perfect environment to help increase your range of motion. Full club privileges included for the course duration. Participants need a doctor's approval and may fax it to (585) 586-4232 to the attention of Gail Buckner or bring it to the first class.



ARTS & CRAFTS

Preschool Paint & Sculpt

Mary Slaughter, Instructor

Reg. No.	Day	Date	Time	Fee
111313-01	Tue	Feb 7-Mar 14	12:40-1:25pm	Fee: \$49
111313-02	Thu	Feb 9-Mar 16	12:40-1:25pm	Fee: \$49

Ages 3-6 Spiegel Center Rm 201

Come and meet up with other creative kids like you as we explore color and texture. In this class we will paint with watercolors and tempera paints and frame our artwork! We will also make masterpieces when we sculpt our magic clay! New projects daily. \$5 for materials payable to teacher on first day. Smocks recommended. Children attending the 1:30 Sports or Tumbling class will be escorted by the teacher.

No class Feb 21 & 23

Fabulous Furnishings

Peggi Heissenberger, Instructor

Reg. No.	Day	Date	Time	Fee
120201-01	Thu	Jan 12-Feb 16	6:30-8:30pm	Fee: \$70

Ages 14 and up Spiegel Center Rm 202

This class will give you several ideas on how to customize many types of furnishings. Learn beautiful, classic styles or fun, funky, fancy styles to paint that old piece you have been storing in the basement or garage. Participants are required to purchase the supplies needed to complete their project. No previous experience is required to participate and all skill levels are welcome.

Loose Watercolor Florals

Susan Micciche, Instructor

Reg. No.	Day	Date	Time	Fee
120227-01	Thu	Mar 9-23	6:00-8:30pm	Fee: \$55

Ages 13 and up Spiegel Center Rm 202

In this series of 3 classes, students will create a different painting each week. Students will paint along with the instructor using various watercolor techniques to produce dynamic and enchanting compositions. Previous experience is not required. Students must purchase their own supplies, a list will be provided by the instructor.

Ms. Micciché received her bachelor's degree in Art Education from Nazareth College of Rochester and studied painting and drawing at SUNY New Paltz. She has exhibited at the Center for High Falls in Rochester and has shown her work in the juried Park Ave Festival and Clothesline Art Show. Ms. Micciché currently teaches art in adult education venues locally.

Paint for Joy

Jyoti Prabhat, Instructor

Reg. No.	Day	Date	Time	Fee
110223-01	Wed	Jan 18	6:00-8:00pm	Fee: \$30
110223-02	Wed	Feb 8	6:00-8:00pm	Fee: \$30
110223-03	Wed	Mar 1	6:00-8:00pm	Fee: \$30
110223-04	Wed	Mar 15	6:00-8:00pm	Fee: \$30

Ages 18 and up Spiegel Center Rm 201

Lets get together for a class of creativity, fun and pure joy! Join us to create a painting in just two hours. No experience is required. All supplies are provided- canvas, acrylic paint, paint brushes, easels and aprons. Each session provides all the instructions you need to create a beautiful piece of art to take home. A different painting is taught every week!

DIY Linoleum Block Valentine's Cards

Bonnie Miguel & Shelly Kuzniarek, Instructors

NEW

Reg. No.	Day	Date	Time	Fee
120231-01	Sat	Jan 21	1:00-5:00pm	Fee: \$75

Ages 15 and up 50 State Street, Building J

Give someone you love a unique and personal creation this Valentine's Day! Learn the process of designing, carving and printing a linoleum block to create a small edition of beautiful cards or prints. Workshop will cover discussion on how to create an image that will translate well to linoleum, review of works from other artists, what to avoid, how to set up your block for carving, relief carving techniques, and finally, how to print on our vintage printing press! Each student will take away (2) 3x3" blocks and a beautiful suite of unique, editioned cards or prints—PLUS the skills to make more! No prior print making experience is required. Each student will also take away one print from each of their "peers."

Introduction to Linoleum Block Printing

Bonnie Miguel & Shelly Kuzniarek, Instructors

NEW

Reg. No.	Day	Date	Time	Fee
120228-01	Sat	Feb 11	1:00-5:00pm	Fee: \$75

Ages 15 and up 50 State Street, Building J

Explore how value, positive and negative shapes and carving techniques create striking images. Class will cover transferring images to linoleum, carving and printing on our antique printing press. Students will create a small edition of beautiful prints or cards using the relief print making technique. Each student will take away 1 block and a beautiful set of unique and editioned prints or cards.

Wedding Invitation Workshop

Shelly Kuzniarek, Instructor

NEW

Reg. No.	Day	Date	Time	Fee
120229-01	Sat	Mar 4	9:00am-12:00pm	Fee: \$45

Ages 21 and up 50 State Street, Building J

Are you getting married in 2017 or know someone who is? Do you want to learn how to create fabulous invitations? Join Shelly of French Press for a jammed-packed info. session on everything related to wedding invitations! Learn about papers, standard sizes, printing issues, postage, what to avoid, how to achieve a specific look and so much more! Examples shown of invitations that have used letterpress, pocket folds, thermography, die-cutting and more! In addition, find out how to create a complete, polished look with simple details like envelope liners, fine paper sashes and envelope addressing tips. You will leave the class with all of your practice pieces and guidance on how to apply the methods from this workshop.

Young Adult Valentine's Day Printing

Bonnie Miguel, Instructor

NEW

Reg. No.	Day	Date	Time	Fee
120230-01	Sat	Feb 4	12:00-2:00pm	Fee: \$35

Ages 8-14 Spiegel Center Rm 201

Students will learn how to print and make their own Valentine's Day cards by printing with styrofoam boards. Instructor will show students how to emboss board and use it for printing beautiful greeting cards. Everyone will go home with a set of 12 Valentine's Day cards and envelopes.

Resident Registration
Begins December 12

Non-Resident Registration
Begins December 19

ATHLETICS

Soccer Shots for Youth

Soccer Shots Staff, Instructor

Reg. No.	Day	Date	Time	Fee
111254-01	Mon	Jan 23-Mar 20	5:00-5:45pm	Fee: \$99
111254-02	Mon	Jan 14-Mar 20	6:00-6:45pm	Fee: \$99
Ages 3-4				
111254-03	Mon	Jan 23-Mar 20	5:00-5:45pm	Fee: \$99
111254-04	Mon	Jan 23-Mar 20	6:00-6:45pm	Fee: \$99
Ages 5-7 Spiegel Center Gym				

Soccer Shots is a national program teaching children the beautiful game of soccer. Using creative and imaginative games, sessions focus on basic soccer skills like dribbling, passing, and shooting. Our Soccer Shots coaches are energetic and enthusiastic, are great teachers, and love working with children. We not only teach soccer skills -- we develop balance, coordination and agility. We also highlight a positive character trait each session such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the fun of soccer and provide the foundation needed to get started in the sport.

Spiegel Center is located at 35 Lincoln Ave in Pittsford.

No class Feb 20

Sporty Sprouts

Cathy Downs, Instructor

Reg. No.	Day	Date	Time	Fee
111209-01	Fri	Jan 13-Feb 17	1:00-1:45pm	Fee: \$66
Ages 3½-5 Spiegel Center Gym				

Sporty Sprouts is a preschool tri-sport program. Your child will be introduced to soccer, tennis, and basketball in a fun, fast-paced setting. Our goal is to spark your child's curiosity for sports by teaching the basic skills through age-adaptive equipment and games. Come have fun. Sneakers required. Please note: this is a non-parent participation class.

Tiny Sprouts

Lisa Magliato, Instructor

Reg. No.	Day	Date	Time	Fee
111210-01	Fri	Jan 13-Feb 17	10:15-10:45am	Fee: \$60
Ages 2½-3½ Spiegel Center Rm 210				

Tiny Sprouts is a younger version of our popular Sporty Sprouts pre-school sports readiness program. Created for boys and girls ages 2½ to 3½, this program will introduce your child to age appropriate activities related to the motor skills used in basketball, soccer and tennis. Our goal is to spark your child's natural curiosity for sports through age-adaptive equipment and a variety of games. Come have fun! This is not a parent participation class. Sneakers required.

Tumbling Tigers

Mary Slaughter, Instructor

Reg. No.	Day	Date	Time	Fee
111296-01	Thu	Feb 9-Mar 16	1:30-2:15pm	Fee: \$59
Ages 3-6 Spiegel Center Rm 209				

Grow strong all day long by tumbling! These progressive gymnastic skills use gymnastic apparatus to build upper and lower body strength in both girls and boys alike! There is no better sport for promoting coordination, strength and agility! Plus we have lots of fun tumbling games and activities safe enough to try at home! Right-side up or upside down, tumbling is too much fun to miss!

No class Feb 23

High-five! Winter Sports

Mary Slaughter, Instructor

Reg. No.	Day	Date	Time	Fee
111297-01	Tue	Feb 7-Mar 14	1:30-2:15pm	Fee: \$59
Ages 3-6 Spiegel Center Gym				

Great foundational skills for sports that boys and girls just might come to love! Each session uses games and drills to build upper & lower body strength, coordination, agility and even friendships! This Session includes Volleyball, Track & Field, Soccer and Gymnastics skills. Too much fun to miss, so be a sport and get in on the team spirit! Class size is limited.

No class Feb 21

HappyFeet Soccer

Happy Feet Instructor

Reg. No.	Day	Date	Time	Fee
111272-01	Mon	Jan 23-Mar 20	10:00-10:30am	Fee: \$85
Spiegel Center Rm 101				
111272-02	Thu	Jan 26-Mar 23	6:00-6:30pm	Fee: \$85
Ages 2-4 Spiegel Center Rm 210				
111272-03	Mon	Jan 23-Mar 20	10:30-11:00am	Fee: \$85
Spiegel Center Rm 101				
111272-04	Thu	Jan 26-Mar 23	6:30-7:00pm	Fee: \$85
Ages 4-6 Spiegel Center Rm 210				

HappyFeet Rochester is part of the growing family of HappyFeet programs that started in Kansas City. Designed to promote physical fitness, soccer skills, and most importantly, to have fun; our trained soccer coaches hold classes each week with a structured curriculum to teach the fundamentals of soccer. In a thirty minute class your soccer star learns ball control, balance, and soccer moves. There are songs and creative games. They play with their teammates and their new friend, Bob the Bobcat during their session each week. We are sure that your little one will be kicking and doing moves all over your house in no time. They will be one step closer to scoring goals, but most importantly, building confidence and promoting sportsmanship!

No class Feb 20 & 23

Open Basketball

Jan 2-Mar 25

Day	Time
Sat	2:00-3:30pm
Sun	3:00-5:00pm
Youth/Family Open Basketball (Ages 5-13 with guardian)	

Day	Time
Mon	2:30-4:00pm
Tue	2:30-4:00pm
Wed	2:30-4:00pm
Thu	2:30-4:00pm
Sat	4:00-5:30pm
Sun	1:30-5:00pm
Youth Open Basketball (Ages 5-18)	

Day	Time
Mon	7:30-9:00pm
Thu	7:30-9:00pm
Fri	6:00-7:30pm
Sat	6:00-7:30pm
Adult Open Basketball (Ages 18 and up) Spiegel Center Gym	

The Spiegel Community Center Gymnasium will be available on a drop-in basis for open basketball. Some basketballs are available. Instruction/supervision will not be provided. Children under 13 must be supervised by an adult at all times. Proof of residency and registration is required before participating in open basketball.

Introduction to Pickleball

Larry Shearer, Instructor

Reg. No.	Day	Date	Time	Fee
121283-01	Wed	Jan 4-25	11:00am-12:00pm	Fee: \$20
121283-02	Wed	Feb 1-22	11:00am-12:00pm	Fee: \$20
121283-03	Wed	Mar 1-22	11:00am-12:00pm	Fee: \$20

Ages 18 and up Spiegel Center Gym

The exciting and fun game of pickleball is one of the fastest growing sports in America! Pickleball is a great way to socialize, while reaping the many benefits of exercise. Although pickleball appears similar to tennis, it is played on a much smaller court with a slower moving plastic ball. Those key differences make pickleball easier to play than tennis for a wide range of players, especially seniors. This program is designed for true beginners or people looking to see what the sport has to offer. Paddles and balls will be provided. If you have any questions, please contact the instructor at (585) 434-0883.

Drop-in Pickleball

Reg. No.	Day	Date	Time	Fee
131283-01	Wed	Jan 4-Mar 22	12:15-2:15pm	Fee: \$2
131283-02	Fri	Jan 6-Mar 24	2:00-4:00pm	Fee: \$2

Ages 18 and up Spiegel Center Gym

Drop-in to play this exciting game that everyone is talking about! Pickleball is a blend of tennis, badminton and ping pong and is a great way to meet new people and play a game that is right for a variety of skill levels. No instruction or supervision is provided for this drop-in program. Fee is per person, per visit. For any questions, contact Andrew at 248-6283.

No class Feb 10, 20-24

Intro to Youth Hockey

Perinton Youth Hockey, Instructors

Reg. No.	Day	Date	Time	Fee
111292-01	Sun	Jan 8-Feb 12	7:15-8:15am	Fee: \$80

Ages 4-8 Thomas Creek Ice Arena

A fun, safe, basic introduction to the sport of ice skating and hockey for new and/or inexperienced skaters. Emphasis will be on balance, forward skating, having fun, and becoming comfortable on the ice. Helmet, hockey pants, and protective pads are provided for use through Perinton Youth Hockey (players need to provide their own skates).

Thomas Creek Ice Arena is located at 80 Lyndon Rd in Fairport.

Mini-Musketeers: Fencing for Youth

Rochester Fencing Club Staff, Instructor

Reg. No.	Day	Date	Time	Fee
141203-01	Sat	Jan 14-Feb 4	3:30-4:30pm	Fee: \$55
141203-02	Sat	Mar 4-25	3:30-4:30pm	Fee: \$55

Ages 6-12 Spiegel Center Rm 210

What kid hasn't wanted to be a swashbuckling pirate or a dueling Musketeer? Fencing activities and games are used to improve fitness, balance, agility, and hand-eye coordination. The class is designed for people new to fencing as well as for those who have taken a few fencing classes. All safety equipment provided.



Register Online At: www.townofpittsford.org

Fencing for Teens and Adults

Rochester Fencing Club Staff, Instructor

Reg. No.	Day	Date	Time	Fee
141281-01	Sat	Jan 14-Feb 4	4:45-5:45pm	Fee: \$55
141281-02	Sat	Mar 4-25	4:45-5:45pm	Fee: \$55

Ages 13 and up Spiegel Center Rm 210

Are you a teen or adult looking for a new and exciting sport? Fencing is a skill sport that helps to improve the body and mind. We have had a few teens take the class with their parent and couples that want to learn something new together. For new and continuing fencers, basic footwork, defense, offense, and strategy is taught in a fun and dynamic class. All safety equipment is provided.

Horseback Camp for Kidz- President's Break

Park Place Farms, Instructor

Reg. No.	Day	Date	Time	Fee
111240-01	Mon-Fri	Feb 20-24	9:00am-3:00pm	Fee: \$340

Ages 7-14 Park Place Farms

Interested in learning about horses? Learn to care for, lead, and ride better. Build confidence, skills, and lifetime friendships while working with horses. Helmets and ponies are provided. This week long horseback camp is fun, informative, and interactive. Participants should bring a lunch and a snack to camp.

Park Place Farms is located at 354 Bull Saw Mill Rd in Honeoye Falls.

Indoor Junior Tennis

Jeff Wagstaff, USPTA Instructors

Reg. No.	Day	Date	Time	Fee
111211-01	Wed	Jan 11-Feb 8	4:00-6:00pm	Fee: \$180
111211-02	Fri	Jan 13-Feb 10	4:00-6:00pm	Fee: \$180
111211-03	Sun	Jan 15-Feb 12	2:00-4:00pm	Fee: \$180

Ages 7-18 Mendon Racquet Club

This concentrated tennis program for beginner/advanced players is committed to the development of junior tennis. Classes are designed so that each player receives individual attention, based on his or her natural style. Each student is encouraged to reach his/her greatest potential by experiencing competitive drills designed to teach students to react instinctively to the ball. For student placement or more information contact Jeff Wagstaff (USPTA Instructor) at 334-8897.

Mendon Racquet Club (624-2310) is located at 80 Topspin Dr in Pittsford.

QuickStart Tennis

Jeff Wagstaff, USPTA Instructor

Reg. No.	Day	Date	Time	Fee
111271-01	Sat	Jan 14-Feb 11	11:00am-12:00pm	Fee: \$90
111271-02	Mon	Jan 16-Feb 13	4:00-5:00pm	Fee: \$90

Ages 4-7 Mendon Racquet Club

QuickStart Tennis uses age/size appropriate courts and racquets to help kids develop proper technique and strategy in a play-based format. Children will learn basic strokes, how to keep score, and more. Class size is a 1:6 ratio and children will need to provide their own racquets. Please contact the instructor at (585)624-2310 if you have and questions regarding racquet size or program information.

Mendon Racquet Club is located at 80 Topspin Dr in Pittsford.

Athletics/Cards & Games/Dance

Indoor Tennis Instruction for Juniors & Adults

Jason Speirs, Instructor

Reg. No.	Day	Date	Time	Fee
141211-01	Wed	Jan 11-Feb 8	5:30-7:00pm	Fee: \$140
141211-02	Sat	Jan 7-Feb 4	2:00-3:30pm	Fee: \$140
141211-03	Sun	Jan 8-Feb 5	1:00-2:30pm	Fee: \$140
141211-04	Wed	Feb 22-Mar 22	5:30-7:00pm	Fee: \$140
141211-05	Sat	Feb 25-Mar 25	2:00-3:30pm	Fee: \$140
141211-06	Sun	Feb 26-Mar 26	1:00-2:30pm	Fee: \$140
Ages 4 and up				
141211-07	Tue	Jan 10-Feb 7	7:30-9:30pm	Fee: \$175
141211-08	Tue	Feb 21-Mar 21	7:30-9:30pm	Fee: \$175
Ages 18 and up				
Harley School Tennis Courts				

This tennis program is set up to accommodate all levels of play. The goal of the program will be to teach basic strokes and later to put them into drills and games that will show tennis can be a lot of fun to play. Come and join in the fun while learning the sport of tennis.

Harley School Indoor Tennis Courts are located at 1981 Clover St in Rochester.

CARDS & GAMES

Bridge: Structured Play for the Advancing Player

Mary Lyke, Instructor

Reg. No.	Day	Date	Time	Fee
120818-01	Tue	Jan 17-Feb 28	9:30-11:30am	Fee: \$45
Ages 18 and up				
Spiegel Center Rm 102				

Practice playing hands and discussing basic sound bidding. Stayman and Jacoby transfers will be the only conventions covered in this class. A good class for review, to build confidence or to get back in the game. Come with a partner or alone to meet some wonderful new friends.

Bridge: Two Over One Play

Mary Lyke, Instructor

Reg. No.	Day	Date	Time	Fee
120804-01	Thu	Jan 19- Mar 2	9:30-11:30am	Fee: \$45
Ages 18 and up				
Spiegel Center Rm 102				

For those who have a theoretical understanding of Two Over One and would like to practice its application, this course is for you. We will play many hands where you can apply this modification as well as deciding when it applies and when we use methods of standard American. There is no materials fee for this course.

Play of the Hand: Let's Play

Mary Lyke, Instructor

Reg. No.	Day	Date	Time	Fee
120801-01	Thu	Jan 19- Mar 2	12:30-2:30pm	Fee: \$45
Ages 18 and up				
Spiegel Center Rm 102				

This class will provide lots of practice making a plan and executing it. We will fully discuss each hand including bidding, but our focus will be on your planning and making decisions to fulfill your contract. There is no materials fee for this course.

Beginning Bridge – Structured Play

Mary Lyke, Instructor

Reg. No.	Day	Date	Time	Fee
120815-01	Thu	Jan 19- Mar 2	3:00-5:00pm	Fee: \$45
Ages 18 and up				
Spiegel Center Rm 102				

Come and play lots of hands to practice what you learned in beginning bridge. Play will be followed by discussion, analysis and review of basic concepts. Players will gain confidence and develop networks with other students. Open to all. A good review for those who haven't played for awhile and want to get back to the game. There is no materials fee for this course.

DANCE

Pittsford Ballet Pre-Ballet

Karen Hanson, Instructor

Reg. No.	Day	Date	Time	Fee
110401-01	Fri	Jan 6-Mar 24	4:30-5:15pm	Fee: \$110
Ages 5-6				
110401-02	Fri	Jan 6-Mar 24	5:30-6:15pm	Fee: \$110
Ages 6-7				
Spiegel Center Dance Studio				

Based on Royal Academy Syllabus. Introduction to simple ballet movements, moving with music and imaginative mime. Registrant must provide a plain black or light blue leotard, pink tights and pink ballet slippers and hair pinned up securely. No skirts please.

No class Feb 24

Pittsford Ballet School

Karen Hanson and Jeanne Mandel, Instructors

Jan 2-Mar 25

Reg. No.	Day	Class	Time	Fee
140402-01	Sat	Beg. Only	1 hr class	Fee: \$121
140402-02		1 class/week	1.5 hr class	Fee: \$138
140402-03		2 classes/week	1.5 hr class	Fee: \$270
140402-04		3 classes/week	1.5 hr class	Fee: \$396
140402-05		4 classes/week	1.5 hr class	Fee: \$517
140402-06		5 classes/week	1.5 hr class	Fee: \$647
140402-07		1 class/week-pointe	.5 hr class	Fee: \$44
140402-08		2 classes/week-pointe	.5 hr class	Fee: \$88
140402-09		3 classes/week-pointe	.5 hr class	Fee: \$132
140402-10		Single class	1.5 hr class	Fee: \$15
140402-11		Single pointe class	.5 hr class	Fee: \$6

YOUTH

Day	Class	Time	Age
Mon	Advanced Beginner	4:30-6:00pm	Ages 9 & Up
Tue	Intermediate	4:30-6:00pm	Ages 11 & Up
Tue	Pointe	6:00-6:30pm	Ages 12 & Up
Thu	Intermediate	4:30-6:00pm	Ages 11 & Up
Thu	Pointe	6:00-6:30pm	Ages 12 & Up
Sat	Beginners class	10:15-11:15am	Ages 8 & Up
Sat	Advanced Beginner	11:15am-12:45pm	Ages 9 & Up
Sat	Intermediate/Advanced	12:45-2:15pm	Ages 13 & Up
Sat	Pointe	2:15-2:45pm	Ages 12 & Up

ADULT

Day	Class	Time	Age
Mon	Intermediate/Advanced	8:00-9:30pm	Ages 14 & Up
Tue	Advanced Beginner	10:00-11:30am	Ages 14 & Up
Thu	Beginner	10:00-11:30am	Ages 14 & Up
Fri	Intermediate	10:00-11:30am	Ages 14 & Up
Spiegel Center Dance Studio			

Registrants must provide plain black leotards, pink tights, pink ballet slippers, and have hair pinned up securely.

-Advanced Beginner: minimum 1 year training

-Intermediate: minimum 3 years training

-Advanced: minimum 5 years training

Recommend youth advanced/beginner enroll in 2 classes/week unless provisions are made with the instructor. Pointe may be taken with permission of instructor.

No class Jan 16 & Feb 20-25

Rochester Dancesport Academy

Michelle Madore, Instructor

Reg. No.	Day	Class	Date	Time	Fee
140408-01	Thu	Beg Latin/Ballroom	Jan 5-Mar 23	6:45-7:40pm	Fee: \$165
140408-02	Thu	Int/Adv Latin/Ballroom	Jan 5-Mar 23	7:45-8:40pm	Fee: \$165

Beg Latin/Ballroom

Ages 18 and up

Spiegel Center Dance Studio

Int/Adv Latin/Ballroom

Ages 18 and up

Spiegel Center Dance Studio

Serious "Dancing with the Stars" style training right here in Pittsford. Never be bored at a wedding or social event again! The "Beginner Latin/Ballroom" is for students interested in getting started in partner dancing. It will cover dances popular at weddings! The "Intermediate/Advanced Latin/Ballroom" class is for students with a good foundation in the Partner Dances looking to improve their vocabulary and skills. The Int/Adv Class will rotate dances, covering at least one Latin and at least one Ballroom dance each session: Rumba, Cha Cha, Samba, Salsa, Waltz, Foxtrot, Viennese Waltz, Quickstep and more! Please sign up with a partner at least 1 week prior to the start of class. You can learn to dance with a partner! Program fees are per person.

No class Feb 23

Journey Dance

Virginia Monte, Instructor

Jan 7-Mar 18

Mar 29-Jun 27

Reg. No.	Day	Fee
120425-01	1 class	Fee: \$15
120425-02	ANY 5 classes	Fee: \$65
120425-03	ANY 10 classes	Fee: \$120
	Sat 10:00-11:30am	

Ages 15 and up

Spiegel Center Rm 211

Journey Dance is a dynamic conscious dance form that combines freestyle and structured movement to inspire you to get out of your mind and into your body. The Journey Dance Flow leads participants on a ritual journey of physical and emotional transformation through breath, sweat and expression, you gain a palpable experience of yourself as pure powerful energy.

In Journey Dance, we dance without mirrors to release judgment of ourselves and others. Journey Dance is not about learning steps, it's about revealing, recovering and re-discovering your natural intuitive movement. We activate imagination, and utilize diverse forms of freestyle improvisational dance, yoga, ritual, theater and shamanism to a soundtrack of inspiring world music, creating a barefoot ecstatic celebration of human spirit. JourneyDance.com

No class Jan 28 & Feb 25

Hip Hop Dance

Pittsford Dance Studio, Instructor

Reg. No.	Day	Date	Time	Fee
110417-01	Thu	Jan 5-Mar 23	5:00-5:45pm	Fee: \$130

Ages 7-10 Spiegel Center Rm 209

This introduction to Hip Hop will get you movin' & groovin' to fun upbeat music. Rhythm, isolations and coordination are emphasized throughout the class. Special attention to age appropriate music and movement are key to making this class a favorite for young dancers. Participants are required to wear sneakers for this class.

No class Feb 23

Fairy Tale Ballet

Pittsford Dance Studio, Instructor

Reg. No.	Day	Date	Time	Fee
110420-01	Mon	Jan 9-Mar 20	9:15-10:00am	Fee: \$125

Ages 2½ -4 Spiegel Center Rm 209

This class is a magical dance experience for the very young or first time dancer. Each week participants will experience movement, ballet and tumbling with a princess theme that includes a craft, story and dress up play. The session concludes with our Princess Tea Party for dancers and their special guests. Participants are required to wear a leotard, tights and ballet slippers to each class.

No class Jan 16 & Feb 20

Hippity Hop

Pittsford Dance Studio, Instructor

Reg. No.	Day	Date	Time	Fee
110439-01	Thu	Jan 5- Mar 23	4:15-5:00pm	Fee: \$130

Ages 5-8 Spiegel Center Rm 209

Get movin and groovin with upbeat dance music and fun and high energy dance moves. Focus is on fun and fitness Participants are required to wear sneakers for this class.

No class Feb 23

Acro/Tumbling

Pittsford Dance Studio, Instructor

Reg. No.	Day	Date	Time	Fee
110440-01	Thu	Jan 5- Mar 23	5:45-6:30pm	Fee: \$130

Ages 5-8 Spiegel Center Rm 209

Basic tumbling and flexibility stretches will enhance dance, sports & more. Participants wear gym/fitness clothes and bare feet.

No class Feb 23

Beg. Tap & Ballet

Pittsford Dance Studio, Instructor

Reg. No.	Day	Date	Time	Fee
110441-01	Tue	Jan 3-Mar 21	5:15-6:00pm	Fee: \$130

Ages 7-10 Spiegel Center Rm 210

This class is an introduction to the foundations of Tap and Ballet. Dancers will learn proper terminology and technique in both genres then using these skills, the class will put them into short sequences and combinations to a variety of music styles. Dancers are required to wear a leotard, tights, have tap (black) & ballet (pink) slippers. Hair must be pulled up away from face. Boys attire should include athletic pants and fitted shirt (black preferred) with black tap shoes & black ballet slippers.

No class Feb 21

Hip Hop Dance (Open: All Levels)

Pittsford Dance Studio, Instructor

Reg. No.	Day	Date	Time	Fee
110442-01	Thu	Jan 5-Mar 23	8:00-8:45pm	Fee: \$130

Ages 10-13 Spiegel Center Rm 209

This class is a high energy hip hop/street jazz style class for boys and girls. Participants need to wear CLEAN bottom sneakers, sweat pants and at fitted top. Hair should be secured from face. This class is open to all levels.

No class Feb 23



Dance

Dance Combo Tap & Jazz (Intermediate)

Pittsford Dance Studio, Instructor

Reg. No.	Day	Date	Time	Fee
110444-01	Thu	Jan 5-Mar 23	7:00-8:00pm	Fee: \$135
Ages 8-11				Spiegel Center Rm 209

This class is 30 minutes of each style: Tap and Jazz. Dancers should have a minimum of 2 years of experience in Tap & Jazz instruction. Black tap shoes, and black Jazz shoes are required. Dancers should arrive in dance attire: leotard and tights, leggings or athletic shorts and hair must be pulled away from face.

No class Feb 23

Dance Combo Tap/Jazz/Ballet (Beginner)

Pittsford Dance Studio, Instructor

Reg. No.	Day	Date	Time	Fee
110448-01	Tue	Jan 3-Mar 21	6:00-7:30pm	Fee: \$150
Ages 8-11				Spiegel Center Rm 209

This class consists of instructions in the basics of all 3 dance styles: Tap, Jazz, & Ballet. Dancers will need to wear dance clothes, and must have black tap shoes and pink ballet slippers. Jazz shoes are optional. Hair should be pulled away from face. This is a great class to learn the foundations of dance, or to use as a refresher if there has been a break from dance class for a year or more.

No class Feb 21

Hip Hop/Flip Flop

Pittsford Dance Studio, Instructor

Reg. No.	Day	Date	Time	Fee
110445-01	Tue	Jan 3-Mar 21	4:30-5:15pm	Fee: \$130
Ages 7-10				Spiegel Center Rm 210

This introduction to Hip Hop will get you movin' & groovin' to fun upbeat music. Rhythm, isolations and coordination are emphasized throughout the class. Special attention to age appropriate music and movement are key to making this class a favorite for young dancers. Basic tumbling and tricks are incorporated. Participants are required to wear sneakers for this class.

No class Feb 21

Pre-Dance Ballet/Tap

Pittsford Dance Studio, Instructor

Reg. No.	Day	Date	Time	Fee
110446-01	Fri	Jan 6-Mar 24	10:00-10:45am	Fee: \$130
Ages 2½- 4				Spiegel Center Rm 209

This class is a magical dance experience for the very young or first time dancer. Each week participants will experience movement, ballet and tap. Participants are required to wear a leotard, tights and tap and ballet slippers to each class.

No class Feb 24

Kinderdance

Pittsford Dance Studio, Instructor

Reg. No.	Day	Date	Time	Fee
110447-01	Mon	Jan 9- Mar 20	10:00-10:45am	Fee: \$125
Ages 5-8				Spiegel Center Rm 209

Get movin' and groovin' with upbeat dance music and fun and high energy dance moves. Focus is on fun and fitness while learning the basics of tap and jazz dance.

No class Jan 16 & Feb 20

Teeny Tiny Tap and Ballet

Shirley Reback, Instructor

Reg. No.	Day	Date	Time	Fee
110410-01	Wed	Jan 4-Mar 22	10:00-10:45am	Fee: \$120
110410-02	Thu	Jan 5-Mar 23	10:00-10:45am	Fee: \$120
Ages 2-3½				Spiegel Center Rm 211

Have fun while learning the basic steps in tap and ballet personality songs and cute routines. Tap and ballet shoes are required. Contact Shirley to trade or buy tap and ballet shoes 880-7147. Friends and family are invited to attend the last class of the session for a special performance!

No class Feb 22-23

Tiny Tap and Ballet

Shirley Reback, Instructor

Reg. No.	Day	Date	Time	Fee
110424-01	Tue	Jan 3-Mar 21	1:00-1:45pm	Fee: \$120
110424-02	Wed	Jan 4-Mar 22	9:15-10:00am	Fee: \$120
110424-03	Thu	Jan 5-Mar 23	9:15-10:00am	Fee: \$120
Ages 4½-6½				Spiegel Center Rm 211

This class gives preschoolers an introduction to the world of tap and ballet. Have fun while learning basic steps, personality songs and cute routines. Tap and ballet shoes are required. Contact Shirley to trade or buy tap and ballet shoes 880-7147. Friends and family are invited to attend the last class of the session for a special performance!

No class Feb 21-23

Tap and Jazz

Shirley Reback, Instructor

Reg. No.	Day	Date	Time	Fee
110414-01	Thu	Jan 5-Mar 23	4:30-5:15pm	Fee: \$120
Ages 7-11				Spiegel Center Rm 211

Children will have fun and gain self-confidence while learning a variety of tap and jazz steps to hit pop songs. Registrant must provide leotard or comfortable clothing, tap shoes and pink ballet slippers or jazz shoes.

Friends and family are invited to attend the last class of the session for a special performance! Contact Shirley to trade or buy tap, jazz and ballet shoes: 880-7147.

No class Feb 23

Belly Dance

Deborah Robinson, Instructor

Beginner Class

Reg. No.	Day	Date	Time	Fee
140406-01	Tue	Jan 10-Mar 7	7:30-8:30pm	Fee: \$72
Performance Class				
140406-02	Tue	Jan 10-Mar 21	6:30-7:30pm	Fee: \$90
140406-03	Both Classes			Fee: \$126
Ages 14 and up				Spiegel Center Rm 209

Join us and get in on the fun! Belly Dance will have you moving like you never thought you could. While learning this beautiful dance form, you will strengthen and tone your core, and improve your balance, posture, and coordination. No previous dance experience is required for the beginner class. This program is open to all fitness levels. Grab a friend or make a new one and have fun while achieving a great work out. The performance class is for students who have some belly dance training and want to cultivate stage presence and performance skills. If you have never performed or are newer to performing, or are more seasoned but want to master choreography, refine dance skills, and find the joy of performance, this is for you!

No class Feb 21

EDUCATION

How to Protect Yourself from Your Computer

Marc-Anthony Arena, Instructor

Reg. No.	Day	Date	Time	Fee
120921-01	Tue & Thu	Feb 14-23	6:00-8:00pm	Fee: \$65

Agnes 18 and up Spiegel Center Rm 205

Frustrated with your computer? Bombarded by error messages? Is your computer dreadfully slow? Don't bother buying a new one! In this course, you'll learn how to protect yourself from viruses, spyware, toolbars, spam, and scams. You'll learn how to speed up your computer, how to make educated purchases, and the answers to questions you may have, all in plain English.

The class is taught by Marc-Anthony Arena, President of Teknosphy, LLC and host of "The Computer Exorcist" show on WYSL Radio. Mr. Arena is a 2005 honors graduate of RIT with 15 years of experience in the tech field. His tongue-in-cheek teaching style will keep you interested. This is the only self-defense class offered where you won't break a sweat!

Becoming a Notary Public

Kristin Cavallaro, Instructor

NEW

Reg. No.	Day	Date	Time	Fee
110962-01	Mon	Mar 6-13	6:30-8:30pm	Fee: \$45

Agnes 18 and up Spiegel Center Rm 202

Notary Public License Law: Whether you are looking to become a new Notary Public or need a refresher on Notary Law and the duties/responsibilities afforded to you, this is a comprehensive class on the Notary Public License Law. This class will provide all the information necessary to pass the Notary Exam, ways to shield yourself from liability in the execution of your duties, as well as appointment, testing and renewal policies and procedures.

Tech Talks: Tech Mentoring for Boomers

Chris Edgcomb, Instructor

NEW

Reg. No.	Day	Date	Time	Fee
110961-01	Wed	Mar 8	6:00-7:00pm	No Fee

Agnes 55 and up Spiegel Center Rm 202

A program to help people 55+ get connected, get started, and get better with technology. Come learn something new! Session topics include: social media, apple app store, google searching, adding applications, and suggested topics. Bring your phone, tablet, laptop, and your problems. Hands-on, real-time, and one-on-one solutions will be made, along with assistance on an array of computer and tech related topics. If you just want to become more proficient come to get help with: laptops, mobile device (iPhones or iPads), utilizing the app store, finding apps, downloading apps, using apps, help with linking a Fitbit and how to use the app, and any questions that make you want to throw the device...don't throw it, just come to this session!



WWW.TOWNOFPITTSFORD.ORG

Register Online At: www.townofpittsford.org

SAT Prep Course

Rich Kelly & Scott Bielec, Instructors

Reg. No.	Day	Date	Time	Fee
110904-01	Wed	Mar 22-May 3	7:00-9:00pm	Fee: \$225

Agnes 15-18 Spiegel Center Rm 101 & 201

This course is designed to give high school students the necessary skills to be prepared for the Spring SAT exam. It is intended for juniors and seniors who plan to take the SAT on May 6. The course is taught classroom style by two veteran and highly regarded classroom teachers, Scott Bielec & Rich Kelly. Rich is a long time math teacher at Pittsford Mendon High School. Rich has been chosen as the Mendon High School Teacher of the Year and has been recognized by RIT as an outstanding secondary teacher. Scott Bielec teaches English at Pittsford Mendon. Entering his eighth year, he teaches 10th, 11th, and 12th grade. The course provides a comprehensive overview of the SAT exam as well as teaching critical test taking strategies to help ensure success. This class provides an opportunity to become fully prepared for the exam and to learn more about the SAT format from professional educators.

No class April 19.

The Deep Cut-Finishing the Erie Canal

Michael E. McCarthy, Instructor

Reg. No.	Day	Date	Time	Fee
120923-01	Wed	Mar 22	7:00-8:30pm	No Fee

Agnes 14 and up Spiegel Center Rm 202

As the Erie Canal neared completion in the 1820s, the final push was to make the deep cut through the Niagara Escarpment. The engineers hired 1200 men to cut through this rock for the remaining seven miles, which took five years to complete. This presentation will examine the difficulties the engineers faced and how the Irish laborers contributed in making the nearly impossible task a reality; notwithstanding the local people who tolerated the "Wild Irish" as a necessary evil.

Registration is required.

Puppy K and Teen Puppy Obedience Class

Fran Schoenfeld, ABC Certified Dog Trainer, Instructor

Reg. No.	Day	Date	Time	Fee
120909-01	Mon	Jan 9-Mar 6	7:00-7:45pm	Fee: \$95
Dogs 6-20 weeks old				
120909-02	Mon	Jan 9-Mar 6	8:00-8:45pm	Fee: \$95
Dogs 6-16 months old Spiegel Center Rm 101				

Puppies need a good foundation and head start in life. Learn basic manners: sit, down, wait, recall, drop it, loose leash walking without pulling. Solve and prevent behavior problems: barking, jumping, chewing, digging, biting. You will learn how to be your puppy's leader, how to avoid problems before they start, and how to change your puppy's inappropriate behavior through positive reinforcement. You will learn how puppies think and process information. Puppies must be dog and people friendly. Proof of vaccinations is required at the first class. Do NOT bring your puppy to the first class! All family members over the age of 8 years are welcome to participate. Please call Paws-I-tive Behavior Dog Training at 585-388-7482 for questions about the program.

No class Jan 16 & Feb 20

Make-up Date: Mar 13

Education/Family & Youth

Defensive Driving

Cindy St. George, Instructor

Reg. No.	Day	Date	Time	Fee
120907-01	Sat	Feb 4	9:30am-3:30pm	Fee: \$45
120907-02	Tues & Thu	Mar 21 & 23	6:00-9:00pm	Fee: \$45

Ages 16 and up
Spiegel Center Rm 205

Empire Safety Council, New York State and DMV approved, offers two great ways to save for New York State licensed drivers. First, complete this informative six hour workshop and receive a 10% reduction on the liability and collision premiums of your auto insurance for three years. Each member of a family completing the workshop is also entitled to the 10% reduction provided they are a primary operator on a vehicle listed on the policy. Secondly, you may be eligible to reduce up to four points on your driving record. An experienced certified instructor will lead the program using a wide array of teaching techniques appealing to motorists of all ages. The focus of the Traffic Survival Workshop is developing improved driving awareness, prevention skills and defensive driving strategies. Saturday courses will break for a ½ hour lunch. Please bring your own beverage.

Finish in Four: College Success

Edie Steele, Ph.D., Instructor

NEW

Reg. No.	Day	Date	Time	Fee
110960-01	Tue	Mar 7	6:00-7:15pm	No Fee

Ages 15 and up
Spiegel Center Rm 102

Struggling in or leaving college before degree completion creates enormous psychological and financial burdens for students and their families. College entry is one thing, but just as important is for families to understand how students can achieve academic and personal success once they get there.

This session addresses key factors that help students thrive in college so they finish in four – not six! – years. Covered will be issues such as navigating campus services, making sense of the curriculum, talking with professors, and maximizing available resources. Participants will include high school students and their parents, college leavers who wish to return, interested family members and those who advise and support students in schools.

Photography 101

Valerie Sorrells, Instructor

Reg. No.	Day	Date	Time	Fee
120958-01	Tue	Jan 10-Feb 28	6:00-7:30pm	Fee: \$180

Ages 16 and up
Spiegel Center Rm 102

Want to learn basic photography? This is the class for you! Objectives of this class include: learning the basics of your DSLR camera, use of light and how to compose, become proficient in capturing better images. Each class will include instruction and hands on to enforce what we covered. Tools needed: DSLR camera, user guide and willingness to learn and have fun.

No class Feb 14 & Feb 21

Aging in Place

Marsha Raines, LMSW, C-ASWCM, Instructor

Reg. No.	Day	Date	Time	Fee
120956-01	Tue	Mar 14	7:00-8:30pm	No Fee

Ages 18 and up
Spiegel Center Rm 205

Although many Pittsford residents plan to remain in their homes as they age, there is often a serious mismatch between our desire to “age in place” and our ability to do so. This class will share information on how to realistically determine if remaining at home is a viable option and discuss the pros and cons of doing so. Information will be shared on services that can help an elder remain safely and comfortably at home. The facilitator for this class is Marsha Raines, LMSW, C-ASWCM, a licensed Geriatric Social Worker with 28 years of experience working with care giving families and older adults.

Learn a New Language!

VFC World Languages & Cultures Native Speaking Instructors

Learn American Sign Language!

Reg. No.	Day	Date	Time	Fee
110952-01	Mon	Jan 30- Mar 13	7:00-8:00pm	Fee: \$150

Ages 18 and up
Spiegel Center Rm 201

Learn Arabic!

Reg. No.	Day	Date	Time	Fee
110952-02	Mon	Jan 30- Mar 13	6:00-7:00pm	Fee: \$150

Ages 18 and up
Spiegel Center Rm 205

Learn Italian!

Reg. No.	Day	Date	Time	Fee
110952-03	Tues	Jan 31- Mar 14	6:00-7:00pm	Fee: \$150

Ages 18 and up
Spiegel Center Rm 101

Learn Spanish!

Reg. No.	Day	Date	Time	Fee
110952-04	Tue	Jan 31- Mar 14	6:00-7:00pm	Fee: \$150

Ages 18 and up
Spiegel Center Rm 105

These 2 month classes are a fun but efficient way to learn a new language. The small group settings are led by VFC World’s NATIVE SPEAKING instructors who all have extensive teaching experience (whether in area colleges or private language institutions).

In these introductory classes, focus will be on building basic skills and vocabulary, and basic grammar structures with an emphasis on conversation, listening comprehension and culture.

Designed for students with no or little previous experience in the language. Homework/homework material optional.

No classes on Monday 2/20 and Tuesday 2/21.

Classes are subject to cancellation if enrollment is insufficient.

For more information, please contact VFC World vfclanguages@gmail.com or visit www.VFCWorldAndLanguages.com.

FAMILY & YOUTH

Sweetheart Dance

Recreation Staff

Reg. No.	Day	Date	Time	Fee
111408-01	Fri	Feb 10	6:30-9:00pm	Child Fee: \$17
111408-02	Fri	Feb 10	6:30-9:00pm	Adult Fee: \$17

Ages 5-13
Spiegel Center Gym

Dance the night away at our annual Sweetheart Dance. Girls may bring their father or that special someone such as a grandfather or uncle as their guest. Music, refreshments and fun make this event a memorable evening. A DJ will be playing music and providing fun activities. For an additional fee a photographer will be available to capture the memory with a keepsake photo. Don’t miss out on this special night. Register early as space is limited.

Resident Registration
Begins December 12

Non-Resident Registration
Begins December 19

The After School Program

Recreation Staff

Reg. No.	Day	Date	Time	Fee
111401-01	Mon-Fri	Jan 3-Mar 24	3:00-6:00pm	Fee: \$483
5 days a week				
111401-02	Mon-Fri	Jan 3-Mar 24	3:00-6:00pm	Fee: \$372
3 days a week (or fewer)				
Ages 5-13 Spiegel Center				

Are you in need of a recreational after school program for your child to attend once the school day has ended? The After School Program provides a quality, fun and safe recreational environment for your child, ages 5-13. Activities include arts and crafts, free play, quiet time and playtime in our gym or outside on our playground. A daily snack is provided. The program is closed on school breaks and holidays, however it is open on school scheduled half days. Fun Camps and Fun Camp Days are available for children to attend on school breaks and holidays (registration and additional fees are required). Please contact Kate at 248-6281 to discuss drop-in options or for more information regarding the program.

Program is closed Jan 16, Feb 20-24, & Mar 17

K-Wrap

Recreation Staff

Reg. No.	Day	Date	Time	Fee
111421-01	Mon-Fri	Jan 3-Mar 24	8:30am-12:00pm	Fee: \$1088
5 days a week				
111421-02	Mon-Fri	Jan 3-Mar 24	12:00-3:30pm	Fee: \$1088
5 days a week				
111421-03	Mon-Fri	Jan 3-Mar 24	8:30am-12:00pm	Fee: \$672
3 days a week (or fewer)				
111421-04	Mon-Fri	Jan 3-Mar 24	12:00-3:30pm	Fee: \$672
3 days a week (or fewer)				
Ages 4½-6 Spiegel Center				

Are you in need of a recreational program for your child to attend before or after Kindergarten? Pittsford Recreation is excited to offer a quality, fun, and safe recreational environment. Activities include arts and crafts, creative play, story time, and playtime in the gym or outside on the playground. Time is set aside daily for lunch and snack. Each participant must bring his or her own lunch and water bottle! The program is closed on school breaks, holidays and days when Kindergarten is NOT in session. If you are in need of care after 3:30pm our After School Program is open until 6pm for an additional fee. Pittsford Transportation will provide busing to and from the center to your child's school. Please contact Pittsford Transportation to make busing arrangements. For more information on this program or our drop-in option, contact Alison at 248-6287.

Program is closed Jan 16 & Feb 20-24 & Mar 17

Sunrise Club-Before School Care

Recreation Staff

Reg. No.	Day	Date	Time	Fee
111422-01	Mon-Fri	Jan 3-Mar 24	7:00-8:30am	Fee: \$224
5 days a week				
411422-02	Mon-Fri	Jan 3-Mar 24	7:00-8:30am	Fee: \$156
3 days a week (or fewer)				
Grades K-5 Spiegel Center Rm 105				

Pittsford Recreation is excited to offer Sunrise Club, a fun and safe before school care option for elementary school aged children. Come to the Spiegel Community Center at 7:00am to make new friends and get ready for the day. Pittsford Transportation will provide busing from the center to Pittsford Schools. Please contact Pittsford Transportation to make arrangements. For more information on this program or the drop in option contact Alison at 248-6287.

Program is closed Jan 16 & Feb 20-24 & Mar 17

Fun Camp Day – Hawaiian Hullabaloo

Recreation Staff

Reg. No.	Day	Date	Time	Fee
111401-04	Mon	Jan 16	8:30am-5:30pm	Fee: \$15
(After School Participant Fee)				
111401-05	Mon	Jan 16	8:30am-5:30pm	Fee: \$30
Ages 5-13 Spiegel Center Rm 105				

Looking for something fun and exciting for your child to do on Martin Luther King Jr. Day? Join the Town of Pittsford Recreation Department for a day full of fun Hawaiian Hullabaloo themed games and activities! *Please send your child with a lunch and an afternoon snack.* Please have your child dressed for outdoor weather. Register early as this program does fill quickly. For more information on Fun Camp please call Kate Disbrow at 248-6281.

February Fun Camp – Olympics

Recreation Staff Supervisor

Reg. No.	Day	Date	Time	Fee
111403-01	Mon-Fri	Feb 20-24	8:30am-5:30 pm	Fee: \$105
Ages 5-13 Spiegel Center Rm 105				

Looking for something fun and exciting for your child to do over Presidents Week Recess? Join the Town of Pittsford Recreation Department for a week full of fun Olympic-themed activities! On Wednesday (2/22), we will be taking a trip to Pinnacle Athletics. Pizza and a beverage will be included for lunch on this day. The bus will leave promptly at **9:30AM** and return at **1:30PM**. *Please send your child with a lunch and an afternoon snack daily.* Please have your child dressed for outdoor weather. Register early as this program does fill quickly.

Birthday Parties

Recreation Staff, Instructor

Reg. No.	Day	Time	Fee
111414-01	Sun	11:30am-1:30pm	Fee: \$175
Ages 3-12 Spiegel Center			

Are you looking for a fun and exciting way to celebrate your child's birthday? Choose from a variety of themed activities, sports, and crafts for your child and his or her friends to enjoy while celebrating their special day. Birthdays are hassle free when you have a party with us! Your personal party host will lead participants in various activities while you enjoy the fun. Leave the planning and mess up to us!

All parties include a sheet pizza, decorated room, invitations, paper goods, party host, lemonade, an hour of games in the gym and an hour of activities in the party room for up to 15 children. Parties must be booked at least one week in advance. An accompanying adult must be present for the duration of the party.

Please contact Kate Disbrow at 248-6281 for more information or to schedule a party.

First Aid for Kids

EPIC Trainings, Instructor

Reg. No.	Day	Date	Time	Fee
111416-01	Sat	Mar 11	10:30am-12:00pm	Fee: \$26
Ages 11-16 Spiegel Center Rm 201				

Taught by EMT's and Paramedics; this course teaches 11-16 year olds the skills and techniques necessary to respond to a variety of first aid related emergencies including: bleeding control, choking, burns, care for sprains and breaks and treatment for heat and cold emergencies. To help participants better understand common medical conditions that their friends may suffer from; we will also cover the following: food allergies, diabetes, seizures and asthma. Meets requirements for boy/girl scout First Aid badges.

Family & Youth/Finance & Business

Social Networking Safety

EPIC Trainings, Instructor

Reg. No.	Day	Date	Time	Fee
111415-01	Sat	Mar 11	9:00-10:30am	Fee: \$26
Ages 8-14				Spiegel Center Rm 201

While a great resource of entertainment many social networking sites, text messaging or online gaming often put children at risk. Through open discussions, group exercises, written materials and video documentaries participants will be taught the importance of being safe while networking.

American Red Cross – Babysitter’s Training

Domenic Danesi, American Red Cross Instructor

Reg. No.	Day	Date	Time	Fee
111405-01	Sat	Jan 14	9:00am-3:00pm	Fee: \$85
111405-02	Sat	Feb 11	9:00am-3:00pm	Fee: \$85
Ages 11-15				Spiegel Center Rm 102

This course is designed to provide youth (Ages 11-15) who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business; keep themselves and others safe and help children behave; and learn about basic child care and basic first aid. Each student will receive an American Red Cross Babysitter’s Kit and a certificate stating they successfully completed the program. **Students are required to provide an email address that certificates can be sent to. Please bring a brown bag lunch.**

Safety First for Children

Domenic Danesi, ARC Instructor

Reg. No.	Day	Date	Time	Fee
111406-01	Sat	Mar 4	9:00-10:30am	Fee: \$25
Ages 6-12				Spiegel Center Rm 102

This program equips children ages 6-12 with the knowledge about home alone safety and accident prevention. Participants will learn how to answer the phone and front door safely, basic first aid, become aware of potential household hazards and much more. Participants will go home with a house rules sheet to complete with their family. Participants will role play stranger-danger scenarios to learn how to stay safe. The program will end with a 15 minute question and answer period to ensure each child leaves knowing what to do to stay safe!

FINANCE & BUSINESS

Long Term Care Planning Seminar

Thomas Mulford, CLTC, LTCP, Instructor

Reg. No.	Day	Date	Time	Fee
121709-01	Wed	Jan 18	7:00-9:00pm	No Fee
Ages 45 and up				Spiegel Center Rm 202

AARP Long-Term Care Seminars are designed to educate members to fully understand the risk and consequences for Long Term Care. At a time when people are increasingly worried about providing care services for themselves, their spouse or other family members, this planning can ease the worries of a long-term disability. Participants will learn how to design an affordable plan to minimize the burden to their families, their own income and their retirement portfolio. Special programs such as the NY State Partnership for Long Term Care will be discussed. AARP membership is not required.

Registration is required.

Estate Planning and Tax Saving Ideas

Thomas Mulford, CLTC, LTCP, Instructor

Reg. No.	Day	Date	Time	Fee
121722-01	Wed	Jan 25	7:00-9:00pm	No Fee
Ages 60-75				Spiegel Center Rm 202

Case Studies are used in this session to provide you with some ideas to maintain your Estate value, increase your Estate, and/or provide Tax-Free Deferred Income.

1. Cost Basis from Term Life insurance premiums can be used to provide Tax-Free annuity income.
2. Survivorship or Joint Life products can be used to increase Estate value when financed by placing Qualified money in variable products and using Required Minimum Distribution (RMD) to finance the Joint Life Policy efficiently.
3. Combination Life Insurance & Long Term Care products can leverage your cash to give a benefit or return all premium if not used.

Registration is required.

Your Employer - Sponsored Retirement Savings Plan



Tamar Mogilski CFP, CLU, ChFC, Instructor

Reg. No.	Day	Date	Time	Fee
121731-01	Tue	Jan 31	1:00-2:30pm	No Fee
Ages 55 and up				Spiegel Center Rm 201
121731-02	Tue	Jan 31	6:30-8:00pm	No Fee
Ages 55 and up				Spiegel Center Rm 201

Your Employer-Sponsored Retirement Savings Plan can potentially be a core piece of your retirement income. This seminar will teach you why it’s important to make retirement planning a priority now, three reasons why participating in your employer-sponsored plan makes sense, and the steps you can take today to help you pursue retirement with confidence.

Market Outlook 2017



Tamar Mogilski CFP, CLU, ChFC, Instructor

Reg. No.	Day	Date	Time	Fee
121732-01	Tue	Feb 28	1:00-2:30pm	No Fee
Ages 55 and up				Spiegel Center Rm 202
121732-02	Tue	Feb 28	6:30-8:00pm	No Fee
Ages 55 and up				Spiegel Center Rm 202

This informative seminar brings you LPL Financial researchers’ insights into the U.S. and global economy.

We’ll discuss their observations and the impact it could have on your own investments in the coming year.

When Should You Begin Receiving Your Social Security Retirement Benefits?



Tamar Mogilski CFP, CLU, ChFC, Instructor

Reg. No.	Day	Date	Time	Fee
121733-01	Tue	Mar 21	1:00-2:30pm	No Fee
Ages 55 and up				Spiegel Center Rm 201
121733-02	Tue	Mar 21	6:30-8:00pm	No Fee
Ages 55 and up				Spiegel Center Rm 201

As you near retirement, one of the biggest financial decisions you’ll need to make is when to begin receiving your Social Security retirement benefits. This seminar explores topics such as what your full retirement age is and how your benefit is determined, how retiring earlier than, or later than, your full retirement age will affect your Social Security benefit, strategies you can use to boost retirement and survivor’s benefits, and how working after you begin receiving Social Security could affect how much you receive.

Women and Wealth

Gregory Herbison, Instructor

Reg. No.	Day	Date	Time	Fee
121712-01	Thu	Mar 2	7:00-8:00pm	No Fee

Ages 25 and up Spiegel Center Rm 205

It's Time to Take Charge of Your Finances.

Has a change in your situation put you in the driver's seat when it comes to your family's wealth? Please join us for an informative seminar that will help you in your new role. We'll discuss key components of both long and short term planning and the building blocks you'll need to help create an effective strategy. Come to learn, to ask questions and to join with other women who are learning how to take charge of their financial life.

Registration is required.

Downsizing in Today's Market

Robert Opett, ABR, CBR, Instructor

Reg. No.	Day	Date	Time	Fee
120935-01	Thu	Feb 2	7:00-8:15pm	No Fee

Ages 18 and up Spiegel Center Rm 201

This class will show participants who are experiencing a life change (such as loss of a job, disability, loss of a spouse, or simply becoming "empty nesters") how to properly downsize their single family residence in today's real estate market. Staging, pricing, and updates will be discussed to obtain the maximum profit in the shortest amount of time for the Seller. Discussion will include strategies and options such as reverse mortgages. Participants will also learn tips on vacation purchases both within the US and abroad. Discussion will include mortgage options, benefits of Buyer agency, pitfalls, inspections, and certain legal issues.

Registration is required.

How to Buy Your First Home

Robert Opett, ABR, CBR, Instructor

Reg. No.	Day	Date	Time	Fee
120948-01	Thu	Mar 16	7:00-8:15pm	No Fee

Ages 18 and up Spiegel Center Rm 201

Learn how to navigate the process of buying a home-whether it is the first time or you are a move-up buyer ready for a great refresher. We will cover mortgages, inspections, and negotiations. Participants will learn the Ten Mistakes People Make when Buying a Home. Save money and find the home of your dreams!

Registration is required.

FITNESS, HEALTH & WELLNESS

Yoga & Meditation

Annie Hidley, Instructor

NEW

Reg. No.	Day	Date	Time	Fee
140378-01	Mon	Jan 9-Mar 20	6:15-7:15pm	Fee: \$100

Ages 16 and up Spiegel Center Rm 209

This class will focus on increasing balance, alignment, core strength, flexibility, and spinal stabilization to promote overall health and well-being. Students will practice breath control through integration of energizing and restorative poses. This class has an emphasis on mindfulness. This class is for all levels of yoga, including those trying yoga for the first time. 10 minutes of guided meditation after 50 minutes of yoga asana practice. Annie Hidley is a RYS-200 and Yoga Ed PI2 certified instructor.

Yoga for Kids

Patty Scarlata, Instructor

Reg. No.	Day	Date	Time	Fee
110306-01	Sat	Jan 7-28	9:00-10:00am	Fee: \$36
110306-02	Sat	Feb 4-25	9:00-10:00am	Fee: \$36
110306-03	Sat	Mar 4-25	9:00-10:00am	Fee: \$36

Ages 5-8 Spiegel Center Rm 209

Reg. No.	Day	Date	Time	Fee
110306-04	Sat	Jan 7-28	10:15-11:15am	Fee: \$36
110306-05	Sat	Feb 4-25	10:15-11:15am	Fee: \$36
110306-06	Sat	Mar 4-25	10:15-11:15am	Fee: \$36

Ages 9-12 Spiegel Center Rm 209

Age and developmentally appropriate poses, breathing exercises, group games, meditation and relaxation techniques offer a child-friendly beginning relationship with yoga. Please bring a water bottle and wear comfortable clothing.

Martial Arts for Youth-Introductory

James Creighton & Pete Reminicky, Instructors

Children's White Belt Class

Reg. No.	Day	Date	Time	Fee
110303-01	Tue	Jan 3-Mar 21	5:45-6:15pm	Fee: \$109
110303-02	Wed	Jan 4-Mar 22	5:45-6:15pm	Fee: \$109
110303-03	Tue & Wed	Jan 3-Mar 22	5:45-6:15pm	Fee: \$169

Ages 5-15 Spiegel Center Gym

Designed strictly for new students and current white belts. Our program of the martial arts is an "education-based" curriculum; where character building, leadership skills, goal setting and constant and never ending improvement all play vital roles. This means that in addition to learning traditional techniques of the martial arts, children are also taught the importance of respect, self-confidence, self-esteem and anger management. We strive to provide each student with a positive image on how they behave in the dojo (training hall), home, and school. The introduction program is designed to prepare each student for their yellow belt training, so that they can further their martial arts training in our year round colored belts program. Students are allowed to sign up for more than one night to advance their training if desired. For more information visit www.cgjny.com.

No class Feb 21-22



WWW.TOWNOFPITTSFORD.ORG

Fitness, Health & Wellness

Martial Arts for Youth-Advanced

James Creighton & Pete Reminicky, Instructors

Children's Yellow & Orange Belt Class

Reg. No.	Day	Date	Time	Fee
110303-05	Tue	Jan 3-Mar 21	6:15-7:00pm	Fee: \$139
110303-06	Wed	Jan 4-Mar 22	6:15-7:00pm	Fee: \$139
110303-07	Tue & Wed	Jan 3-Mar 22	6:15-7:00pm	Fee: \$199

Spiegel Center Gym

Children's Green Belt & Above Class

Reg. No.	Day	Date	Time	Fee
110303-09	Tue	Jan 3-Mar 21	7:00-7:45pm	Fee: \$139
110303-10	Wed	Jan 4-Mar 22	7:00-7:45pm	Fee: \$139
110303-11	Tue & Wed	Jan 3-Mar 22	7:00-7:45pm	Fee: \$199

Ages 6-15

Spiegel Center Gym

COLORED BELTS ONLY. This advanced martial arts for kids program is a continuation of training after completion of Level I introduction to the martial arts for children program. Students signing up for this program must have already achieved their yellow belt in Goshin Jutsu. After building a basic foundation of the martial arts in the introduction program, students in the advanced program are seeking to further their training by learning different colored belt requirements within the curriculum. The main emphasis in this program is to focus on the concept of "constant and never ending improvement". It is our goal to help students follow through to the rank of black belt and eventually advanced study in the adult curriculum. For more information visit www.cgjny.com.

No class Feb 21-22

Martial Arts for Adults

James Creighton, Instructor

Reg. No.	Day	Date	Time	Fee
120303-01	Tue	Jan 3-Mar 21	7:45-8:45pm	Fee: \$139
120303-02	Wed	Jan 4-Mar 22	7:45-8:45pm	Fee: \$139
120303-03	Tue & Wed	Jan 3-Mar 22	7:45-8:45pm	Fee: \$199

Ages 16 and up

Spiegel Center Gym

The adult program is for anyone who wants to learn how to defend himself or herself and gain confidence in a positive and enthusiastic training atmosphere. We focus our training on developing each individual to their own personal best, by enriching their lives with all of the unique benefits that the martial arts, (Goshin Jutsu) has to offer. We teach this self-defense oriented martial arts class emphasizing the interaction of the striking arts with the jujitsu arts. Our program is year round and allows each student to advance up the ranks to black belt. For more information please visit www.cgjny.com.

No class Feb 21-22

Resident Registration
Begins December 12

Non-Resident Registration
Begins December 19

Martial Arts for Women

Tracy Maggio & Debbie McIlhagga, Instructors

Reg. No.	Day	Date	Time	Fee
140303-01	1 class/week			Fee: \$39
140303-02	Unlimited classes/week			Fee: \$69
140303-03	Instructors/Unlimited			Fee: \$29
	Mon	Jan 9-Mar 20	6:30-8:00pm	Rm 210
	Wed	Jan 4-Mar 22	6:30-8:00pm	Rm 210
	Sat	Jan 7-Mar 25	9:30-11:00am	Rm 210

Ages 13 and up

Spiegel Community Center

BEGINNER-ADVANCED

Learn martial arts in a class for women only. Have fun, gain confidence and get fit in a friendly and supportive atmosphere. Black belt instructors, committed to empowering women, teach a curriculum based on the art of Isshinryu Karate Do, including kata, kicks, hand techniques and weapons. This is an ongoing dojo (martial arts school) in which you, as others have, can progress to black belt. You can attend this class as an introduction to karate and self-defense. Students are grouped, or taught individually based on their instructional needs. Instruction is based on research about how women successfully defend themselves. No previous martial arts experience, or great fitness, is required to join. Beginners welcome at all classes.

Total Body Fitness

James Creighton & Pete Reminicky, Instructors

Reg. No.	Day	Date	Time	Fee
120373-01	Sat	Jan 7-Mar 25	11:45am-12:15pm	Fee: \$99

Ages 16 and up

Spiegel Center Gym

Our Total Body Fitness classes are designed to give you a complete workout that will keep your heart rate elevated to a fat burning state throughout the entire session. Although each class lasts only 30 minutes, the intervals of 'all-out' intensity are the key in making your body respond, and therefore ultimately create your results. In your 30 minutes of interval training you will be working at maximal load on each station. You will be performing many different exercises that are fun, challenging and definitely not boring. The classes also combine different plyometric, body weight and resistance band training exercises. These sessions have been carefully designed to maximize results through the combination of both anaerobic (strength) and aerobic (conditioning) activities. These movements will keep your muscles in a state of perpetual confusion, in which they will constantly be forced to adapt and grow.

No class Feb 25

Debbie McVean Aerobics

Debbie McVean, Instructor

Jan 3-Mar 25

Reg. No.	Day	Date	Time	Fee
120304-01	1 class			Fee: \$5
120304-02	ANY 5 classes			Fee: \$25
120304-03	ANY 24 classes			Fee: \$45
120304-04	ANY 36 classes			Fee: \$65
120304-05	Unlimited classes			Fee: \$75
	Mon, Tue, Wed & Fri		9:15-10:25am	
	Sat		8:30-9:40am	

Ages 14 and up

Spiegel Center Gym

Take that first step towards achieving your cardiovascular and weight-bearing goals! Come join us for a challenging, yet easy-to-follow workout. Great fun! Great music! The 70-minute total body energizing class includes 40 minutes of high-low aerobics followed by 30 minutes of floorwork focused on toning the upper body, legs, hips, thighs, and abdominals. Bring your own two 2-4 lb handweights and exercise mats. Instructor holds Physical Education degree and has 30 years of fitness instruction experience. Child Care is available through Pittsford Recreation at an additional cost. For more information about Child Care, please call 248-6295. Drop by before any class and talk to Debbie about participating in a free class!

No class Jan 16, Feb 20-25, Mar 4

Boot Camp

Penfield Sport & Fitness, Instructor

Reg. No.	Day	Date	Time	Fee
120342-01	Tue/Thu/Sat	Jan 17-Feb 25		Fee: \$99
	Tue & Thu		5:30-6:15pm	
	Sat		7:15-8:00am	

Ages 18 and up

Penfield Sport & Fitness

This program is a total body workout. Classes include running drills, steps, weights and bands. Let the instructor boot you into shape with different fun and challenging exercises. You will have the option to only use your own body weight. Boot camp is only available one time per year, per person.

Penfield Sport & Fitness is located at 667 Panorama Trail West in Penfield.

Cerceau Hoop Fitness-Dance Fit

Keith Moore, Instructor

Reg. No.	Day	Date	Time	Fee
140341-01	Mon	Jan 23-Mar 6	6:00-7:00pm	Fee: \$59

Ages 10 and up Spiegel Center Rm 211

Cerceau, pronounced "sir-so", is French for hoop and translates into an amazing workout. Cerceau Dance Fit is a fully choreographed hoop fitness class that inspires students to dance in their hoops, with accessible dance movements and techniques, which provide a great cardio workout to all hoopers (beginner through advanced). The instructor has a 100% success rate in teaching hoop, and can get you hooping, or rather Cerceau'ing today!

Pilates

Eva Pazral, Instructor

Reg. No.	Day	Date	Time	Fee
140350-01	Any 6 classes			Fee: \$30
140350-02	All Classes			Fee: \$45
140350-03	Drop-In Class			Fee: \$5
	Wed	Jan 25- Mar 22	7:00-8:00pm	

Ages 16 and up

Spiegel Center Dance Studio

This program focuses on basic Pilates principles: core strengthening, increased flexibility and balance, breath control, proper joint movement, and correct spine alignment to improve posture. Participants will learn the basic series of exercises upon which the entire Pilates method is built. Every class is different to insure that the body is challenged in new ways. Classes are suitable to both beginners that haven't exercised in years and people who exercise regularly by offering modifications to meet each student's individual needs. Participants need to bring their own exercise or yoga mat. If a class is canceled, the make-up class date will be Mar 29.

Healing & Transformative Power of Meditation

Usha Shah, Instructor

Reg. No.	Day	Date	Time	Fee
120329-01	Wed	Jan 4-Feb 1	10:00-11:15am	Fee: \$55
120329-02	Wed	Feb 8-Mar 22	10:00-11:15am	Fee: \$55

Ages 18 and up Spiegel Center Rm 205

Meditation is not just about being quiet nor is it about the absence of challenges; it is about being the witness or observer of one's life experiences. Through increasing awareness or mindfulness, we learn to transcend the ego self that thrives on drama, pain and suffering. Meditation develops concentration and promotes deep relaxation, with the brain emitting alpha and theta waves. These waves have the power to calm the mind, relax the body, and balance and harmonize the discordant energies within us. When we allow meditation to become a part of our lives, we are in reality reconnecting to the 'sacred silence' that resides in us, that inevitably, allows the peace of our soul to affect all parts of life. By incorporating the art of mindfulness into our daily life, the striving and doing that is so much a part of our lives, will pave the way to a new mode of being that emanates inner peace and joy.

No class Feb 22 & Mar 15

QiGong (Chinese Yoga) for Optimum Health

Usha Shah, Instructor

Reg. No.	Day	Date	Time	Fee
120346-01	Wed	Jan 4-Feb 1	11:45am-1:00pm	Fee: \$55
120346-02	Wed	Feb 8-Mar 22	11:45am-1:00pm	Fee: \$55

Ages 18 and up Spiegel Center Rm 205

QiGong is a mind-body exercise and explores the connection between the mind, body, and spirit. Its gentle movements stretch and strengthen muscles, improve balance and flexibility, and reduce inflammation in joints. This movement helps to improve the circulation of blood and oxygen throughout the body and helps to remove toxins. The session will include slow, controlled, gentle movements that are easy to learn with emphasis on posture and deep breathing.

No class Feb 22 & Mar 15

Pittsford Nautilus

Andrew Schuler, Owner

Reg. No.	Fee
140309-01	3 months
	12 months
	3 months w/ freeze policy
	12 months w/ freeze policy

Day	Time
Mon-Thu	5:30am-9:30pm
Fri	5:30am-8:00pm
Sat	7:30am-5:00pm
Sun	9:00am-4:00pm

Ages 13 and up

Spiegel Center Nautilus Area

The Pittsford Nautilus facility includes over 30 separate nautilus exercises and free weights to develop strength and flexibility for the entire body. Fitness equipment includes treadmills, computerized bicycles, rowing machines, Stairmasters, elliptical trainers and Schwinn Air-dynes for cardiovascular development. Individual fitness programs are designed to meet your goals and objectives. Visit us at www.pittsfordnautilus.com or call 248-6298 for more information.



Fitness, Health & Wellness/Home & Garden/Music & Theater

There's an Oil for That!

Kathryn Rhodes, Instructor

Reg. No.	Day	Date	Time	Fee
120371-01	Tue	Jan 24	7:00-8:30pm	Fee: \$12

Ages 18 and up Spiegel Center Rm 202

Are you ready for a natural medicine makeover? Are you concerned about the chemicals that you are exposing yourself and your family to daily? This class is designed to empower people to take control of their health and wellness by using essential oils. You will learn about the ten most beneficial and versatile essential oils, with detailed information about safety and usage. The class will be focused on first aid, skin issues, digestive issues, colds, injuries, emotional wellness and toxin-free cleaning. In addition, each class participant will go home with oil samples.

Detox Your Home & Body

Kathryn Rhodes, Instructor

Reg. No.	Day	Date	Time	Fee
120370-01	Tue	Feb 14	7:00-8:30pm	Fee: \$15

Ages 18 and up Spiegel Center Rm 202

Is your home toxic? How many chemicals and cleaning agents in your home cause cancer? Did you know many personal care products contain toxic chemicals? If you are looking to heal your home using 100% plant based essential oils instead of chemicals, then this class is for you. I will teach you which harmful chemicals are commonly used in cleaning and personal care products and offer you safe, natural alternatives. Not only will these essential oil alternatives replace chemicals, but they will heal your home from the inside out with their natural ability to boost immunity, balance emotions and treat minor illnesses. In addition, each class participant will go home with oil infused cleaner.

Women's Health: Using Essential Oils

Kathryn Rhodes, Instructor

Reg. No.	Day	Date	Time	Fee
120300-01	Tue	Mar 21	7:00-8:30pm	Fee: \$15

Ages 18 and up Spiegel Center Rm 202

Ladies let's face it, our systems a bit more high maintenance than our male counter parts, but don't worry, we can use essential oils to keep us healthy and balanced! The goal of this class is to empower women to take control of their health naturally, and this will be achieved through discussing the use of essential oils for the following: healthy skin, anti-aging, toxin free beauty products, PMS, balancing hormones, reproductive health, digestion, weight loss, libido and mood management. This class is ideal for all types of women and each participant will be able to create their own 2 oz healing body oil infused with the essential oils of their choice.

HOME & GARDEN

Remodeling Your Kitchen

Peter Rees, Instructor

Reg. No.	Day	Date	Time	Fee
120701-01	Thu	Feb 9	6:30-9:00pm	Fee: \$15

Ages 18 and up Spiegel Center Rm 205

Are you planning to remodel your kitchen? Learn how to plan an efficient kitchen, what to look for in kitchen cabinets, the pros and cons of re-facing versus new cabinets, the advantages of different types of countertops, flooring, sinks and lighting. Learn the elements of basic kitchen design and the best order of having your remodeling work done. Bring all your questions to be answered by a kitchen specialist.

MUSIC & THEATER

Chicka Chicka Boom Boom

Edward Rocha, Instructor



Reg. No.	Day	Date	Time	Fee
110510-01	Tue	Feb 14-Mar 21	10:00-11:00am	Fee: \$50

Ages 2-5 with adult Spiegel Center Rm 211

Race to the top of the coconut tree with this delightful alphabet rhyme from the creators of Chicka Chicka Boom Boom. A fun story that has been adapted into an age appropriate production. A told B, and B told C, "I'll meet you at the top of the coconut tree." Wear loose fitting clothes and shoes you can move in.

No class Feb 21

Treasure Trunk Theater

Edward Rocha, Instructor

Reg. No.	Day	Date	Time	Fee
110511-01	Tue	Jan 10-Feb 7	10:00-11:00am	Fee: \$50

Ages 2-5 with adult Spiegel Center Rm 211

Our treasure trunk provides the dramatic focus for each class; it conceals something mysterious and exciting! We open the trunk to discover the spark that inspires that day's interactive adventure. Each day's adventure also ties into the session-long story that we create while simultaneously playing all the characters. We will learn how to band together as an ensemble using voice, body and imagination to overcome a myriad of dramatic challenges. Wear loose fitting clothes and shoes you can move in.

Willy Wonka Jr.

Edward Rocha, Instructor



Reg. No.	Day	Date	Time	Fee
110515-01	Sat	Jan 14-Mar 11	3:00-5:00pm	Fee: \$150

Ages 6-14 Spiegel Center Rm 211

Roald Dahl's timeless story of the world-famous candyman and his quest to find an heir is a golden ticket to adventure. The delicious adventures experienced by Charlie Bucket on his to Willy Wonka's mysterious chocolate factory light up the stage in this captivating adaptation of Roald Dahl's fantastical tale. Featuring the enchanting songs from the 1971 film starring Gene Wilder in addition to a host of fun new songs, Roald Dahl's Willy Wonka JR. is a scrumdilyumptious musical guaranteed to delight everyone's sweet tooth.

Children will learn new theatrical skills while building on their current abilities as well as make new friends and learn the value of team-work. The program will culminate in a full stage production complete with costumes, sets, lights and choreography. Tuition covers costumes, sets and props.

Roald Dahl's Willy Wonka JR. follows enigmatic candy manufacturer Willy Wonka as he stages a contest by hiding golden tickets in five of his scrumptious candy bars. Whomever comes up with these tickets will win a free tour of the Wonka factory, as well as a lifetime supply of candy. Four of the five winning children are insufferable brats, but the fifth is a likeable young lad named Charlie Bucket, who takes the tour in the company of his equally amiable grandfather. The children must learn to follow Mr. Wonka's rules in the factory - or suffer the consequences. Roald Dahl's Willy Wonka JR. has a flexible cast size with many featured and ensemble roles, including the singing and dancing Oompa Loompas.

Full cast will meet Saturdays (1/14-3/11) from 3:00-5:00pm. Leads and Soloists will meet from 2:00-3:00 in addition to the full cast rehearsal times. Production week the class will meet 3/13-3/16 from 5:00-7:00pm. Performances will be held on 3/17 at 7:00pm and 3/18 at 2:00pm.

Private Piano Lessons

Beth Werner, Instructor

Reg. No.	Day	Date	Time	Fee
140501-01	Fri	Jan 6-Mar 3	3:00-3:30pm	Fee: \$180
140501-02	Fri	Jan 6-Mar 3	3:30-4:00pm	Fee: \$180
140501-03	Fri	Jan 6-Mar 3	4:00-4:30pm	Fee: \$180
140501-04	Fri	Jan 6-Mar 3	4:30-5:00pm	Fee: \$180
140501-05	Fri	Jan 6-Mar 3	5:00-5:30pm	Fee: \$180
140501-06	Fri	Jan 6-Mar 3	5:30-6:00pm	Fee: \$180
140501-07	Fri	Jan 6-Mar 3	6:00-6:30pm	Fee: \$180
140501-08	Fri	Jan 6-Mar 3	6:30-7:00pm	Fee: \$180
140501-09	Fri	Jan 6-Mar 3	7:00-7:30pm	Fee: \$180
140501-10	Fri	Jan 6-Mar 3	7:30-8:00pm	Fee: \$180

Ages 5 and up

Spiegel Center Rm 202

An experienced and fun teacher will instruct on how to begin enjoying playing the piano. You will learn the basics of piano and music theory. Each student will progress as far as they are able during the 8-week session.

No class Feb 24

PRESCHOOL

Melody Kids

Brenda Lincoln, Instructor

Reg. No.	Day	Date	Time	Fee
111301-01	Fri	Jan 13-Feb 17	10:00-10:45am	Fee: \$30

Ages 1-3 with an adult

Spiegel Center Rm 205

This class is created for young children to explore the world of music. They will sing, dance, play simple instruments such as egg shakers, bells and rhythm sticks all while using their imagination. Join Miss Brenda for this fun musical program.



Wiggles, Giggles and Jiggles

Lisa Magliato, Instructor

Reg. No.	Day	Date	Time	Fee
140398-03	Thu	Jan 12-Feb 9	10:00-11:00am	Fee: \$55
140398-04	Thu	Feb 16-Mar 23	10:00-11:00am	Fee: \$55

Ages 2-4 (with caregiver)

Spiegel Center Gym

Come Wiggle, Giggle and Jiggle with Miss Lisa! This fun class incorporates the use of gym equipment, parachute, scooters, instruments, music, and much more! Weekly theme with fun movement activities and songs that promote gross motor skills, following directions, and social interaction for both child and caregiver! Peanut free snack provided! Sneakers recommended. Join the fun! Great preschool and Kindergarten readiness class!

No class Feb 23



Parent & Tot Open Gym

Reg. No.	Day	Date	Time	Fee
111207-01	Mon, Tue, & Fri	Jan 2 - Mar 25	10:45am-12:00pm	No Fee

Ages 2-5

Spiegel Center Gym

Pittsford Recreation invites parents and their little ones to share an open gym time at the Spiegel Community Center. We will provide the equipment and you provide the fun! This drop-in program is designed to give children time to socialize and use their gross motor skills. This is an open gym for parents and/or caregivers to play with their children in a stimulating environment. Children are encouraged to bring their favorite toy and explore at their own pace and desire. Parent or caregiver must be present during the entire playtime. Instruction/supervision is not provided.

Registration is required.

No class Jan 16



WWW.TOWNOFPITTSFORD.ORG

Pittsford Senior Citizens

Pittsford VanHuysen Senior Center • 3750 Monroe Avenue, Pittsford, NY 14534

Phone (585) 248-6235 • Dolores DeCoste, Director

PITTSFORD SENIOR CITIZENS is sponsored by the Town of Pittsford, Department of Senior Citizens, for retired residents or those 50 years of age and over. There are NO fees for membership. The Pittsford Senior Center is open Monday through Friday 9:00am-3:30pm. We hope you will come and spend time with us either by joining one of our programs, or just stopping in to meet your friends or make new ones. Our monthly newsletter is available at the Senior Center. Those wishing to have the newsletter mailed are asked to contribute \$6.00 per year to help defray postage.

Weekly meetings are held on Tuesdays at the Senior Center at 12pm for lunch. Lunch is followed by a program presentation. Participants may stay to play cards and other games until 3:30pm.

Craft Group

Meets second and fourth of Friday of each month from 10:00am-11:30am to work on crafts for upcoming events and for donations to various local charities.

Lunch Club 60 Nutrition Program

Mondays, Wednesdays & Fridays. Lunch is served at 12:00pm. The Nutrition Program offers an opportunity to share in a hot meal, partake in social activities, and maintain a quality of life that older adults age 60 or over so richly deserve. Suggested contribution for this lunch is \$3.00 per person. This program provides nutrition screenings, assessment, education and counseling to help older participants meet their health and nutrition needs. We will provide transportation to and from the Pittsford Senior Center. Please call 248-6235 to make a lunch reservation and/or sign up for transportation.

Square Dancing - with Jerry Carman

Jerry teaches the basics of square dancing including a mixture of traditional and modern styles. Class meets Fridays, 1:30pm-2:30pm.

Line Dancing – with Will Herzog

Beginner Class meets Wednesdays from 9:00-10:00am.
Advanced Class meets Wednesdays from 10:00-11:00am.
Fun, entertaining, and a great source of exercise!

Zumba Gold Class – with Heather Ottnod

Classes meet Mondays & Thursdays, 10:30-11:15am. Exercise that's fun, easy, and effective – no dance or exercise experience needed for this Latin inspired dance fitness program! Modified for the active older adult or beginner participant. Can be done on your feet or in a chair.

Tai Chi For Arthritis – with Donna Eevsky

Tai Chi for arthritis meets on Thursday from 1:00-2:00pm. A gentle form of Tai Chi specifically developed for people with arthritis. Improves balance, breathing and relaxation.

Arthritis Senior Fitness – with Pat Rose

Classes meet Mondays and Wednesdays from 10:00-11:00am. This is a gentle motion exercise program to keep your joints flexible.

Yoga-Fit For Seniors – with Donna Kawczynski

Mondays, 11:10am-12pm & Fridays, 9:00-9:50am. Come try this ancient form of body rehabilitation called yoga. Yoga helps to regain strength, tone and flexibility in a nurturing, gentle atmosphere

NIA: Mind-Body-Spirit Fitness - with Rhonda Wright

NIA: Non-Impact Aerobics. Classes meet Mondays 9:00-10:15am. Wear loose-fitting clothing and bring a mat or towel for floor stretching. NIA is a whole-body approach to fitness that encompasses the dance arts, the martial arts, and the healing arts.

Balance Class

Our Instructor is Dr. Ron Wood, owner of Clover Physical Therapy, PC. Every third Monday of the month, 1:15-2:00pm. Exercises to help improve strength, mobility and/or balance can help you stay active and prevent falls.

Feldenkrais Method Exercise Class

First two Wednesdays of each month at 11:15am. Improves posture, coordination, flexibility and suppleness. Moreover, Feldenkrais alleviates pain by minimizing physiological and psychological stress associated with restricted functions. Our instructors are Staffan Elgelid PT, GCFP, Ph.D. and Fred Onufryk, MS, PT.

Euchre

Mondays, 12:30pm-2:00pm. Come and play Euchre with our enthusiastic Euchre players and make new friends.

*The Pittsford Senior
Center is open Monday
through Friday
9:00am-3:30pm.*

All exercise, dance and fitness classes are free to Pittsford residents, and \$3.00 for non-residents. All are welcome!

Pittsford VanHuysen Senior Center Fall Events

3750 Monroe Avenue, Pittsford, New York
(585) 248-6235

New Year's Party

At the Pittsford Senior Center at 12:00PM on Tuesday, January 10. Cost is \$12.00 per person.

Food comes from Chen Garden Chinese Restaurant. The menu includes mixed vegetables, white meat sesame chicken (not spicy), chicken lo mein, white & fried rice, and rainbow sherbet with a fortune cookie. Genesee Valley Orchestra and Chorus will perform after lunch. Please call 248-6235 to make your reservation.

Euchre Party

Saturday, January 21

12:00-4:00PM

\$10.00 per person. Lunch and refreshments served.

High Score & Door Prizes. Bring your friends! Please call 248-6235 to make a reservation.



Fall Prevention Series

Gain strength and awareness to prevent a fall. Wednesdays, February 1, 8, 15, from 1:30-3:30pm. Please call 248-6235 to make a reservation.

AARP Smart Driver Class

9:00AM - 12:00PM on:

*January 19 & 26 | *February 9 & 16 | *March 9 & 16

Reservation and payment must be made prior to the session you will attend. You must attend both days of the class. The fee for this program is \$20 for AARP members and \$25 for all others.

FREE AARP Tax Preparations

At the Pittsford Senior Center, Fridays, February 3-April 7. Free, quality volunteer run assistance and preparation service that can transmit your return directly to the IRS. Please call 248-6235 after January 16 to make an appointment.



Pittsford Youth Services, Inc. (PYS) is dedicated to providing youth and their families with confidential, professional and affordable social work services in the schools and Pittsford community. PYS strives to enhance social and emotional well-being through counseling, advocacy, educational programs and informational services.

PYS is proud to be the sole provider of professional social work services for the Pittsford schools and St. Louis School. All PYS social work staff are New York State Licensed, Master's level Social Workers (LMSW).

How to Access Services

Eligibility: Any youth, ages 5-21 and their families, who live, work, attend school or worship in the town of Pittsford.

Cost: Services in the schools for youth are free. Additional counseling services are available at our offices on Lincoln Avenue in the Village at a cost of \$50/hr. A sliding scale is utilized in working with families who may have a limited income, and services are never denied based upon inability to pay.

Contact: Parents may contact their child's teacher, school counselor or the PYS office directly to request services. Appointments at the PYS office are available during the day, some evenings and as arranged directly with the social worker.

PYS Services

- Individual and family counseling
- Home visits
- Referrals to outside agencies
- Social-emotional groups
- Grief and loss counseling
- Support of Special Education Services
- Parent education programs
- Skill-based groups
- Drug and alcohol education/information programming

For more information or to learn how you can help,
call 585.248.6299 or visit our website:
www.pittsfordyouthservices.org



ELDERBERRY EXPRESS

Senior Citizen Center
(585) 248-6237

Need to get out of the house? Call Elderberry Express!

Elderberry Express provides transportation to the senior citizens of Pittsford for the following:

- Pittsford Seniors' Meeting - Tuesdays
- Shopping at Wegmans & Pittsford Plaza -Wednesdays
- The individual's choice: any weekday doctor, dentist, bank, friend, beauty salon, etc.

A donation per trip is appreciated
but not required.

Volunteer Drivers Needed!

Pittsford Community Library

24 State Street, Pittsford, NY 14534 • (585) 249-5481
www.townofpittsford.org/library

Follow us:      

**Library Hours - Mon-Thu 9:00am-9:00pm • Fri 9:00am-6:00pm
Saturday 10:00am-5:00pm • Sunday 1:00pm-5:00pm**

From our Children's Librarians Jeanne Steinbrenner and Vinise Bobrov

Join us for some great upcoming family programs: Parents can meet representatives of many local preschools at our **Preschool Fair** on Saturday morning, January 21. We'll have a special program on Saturday, February 4 to celebrate the 6th annual **Take Your Child to the Library Day**. And don't miss the fun at **Family Bingo** on Tuesday evening, February 21.



From our Tween & Teen Librarian Laura Herold

Tween and Teen Community Service

The second and fourth Tuesday of each month in the Teen place, 3:30-4:30pm

Earn community service hours by helping out at the library! For tweens and teens in grades 6-12. **Registration required.**

Practice Tests

Chariot Learning will administer a practice SAT on Saturday, February 18th and a practice ACT exam on Saturday, March 18th. Please bring a calculator, pencils and an eraser. **Registration required.**

From our Adult Programs Librarian Mary Ann Clark

Looking for something to do this winter?

- Cozy up with a book featured in one of our six monthly book clubs
- Look for our monthly movie showings—Film Movement: Award-Winning Independent & Foreign Films *and* Fabulous Films at the Library. Watch for our Movie Matinees at 1:00pm on various Fridays
- Take a technology class for help with tablets, smartphones and computer programs like Microsoft Publisher
- Join in on our Conversations on Race program in February
- Come to a bird program or two: It's All About Birds in January followed by the 20th anniversary of the Great Backyard Bird Count on February 17-February 20, 2017
- Stay warm and learn how to knit mittens, hats and socks in one of our monthly knitting classes
- In March, we will be reviewing the 2017 If All of Rochester Reads the Same Book: **The Enchanted** by Rene Denfeld. To go along with the book's theme, we will be featuring classic prison movies.

New Pittsford Trails & Walkways Information on Town Website!

Within the Pittsford Town limits, there are nearly 80 miles of recreational and public pathways, including over 42 miles of trails and access ways and over 37 miles of sidewalks. Our pathways provide walkers, hikers and cyclists interesting destinations, quiet seclusion, and an enjoyable means to get some fresh air and exercise. Please visit www.townofpittsford.org/trails_and_walkways for more information and interactive maps of 10 suggested routes utilizing several of our trails and sidewalks.



Pittsford Parks and Open Spaces

Port of Pittsford Park

22 North Main St 2 acres

Copper Beech Park

14 State St .1 acres

Isaac Gordon Nature Park

3450 Clover St 118.5 acres

Hopkins Park

5 Barker Rd 9.6 acres



Thornell Farm Park

480 Pittsford-Mendon Rd. 27 acres

Great Embankment Park

631 Marsh Rd. 12 acres

Habecker Fields

34 East St. 6 acres

Lock 62 and Erie Canal Trail

3195 Monroe Ave. 19 acres

King's Bend Park Lodges



Hold Your Special Occasion At King's Bend Park

The park, designed for family and neighborhood use, features two enclosed lodges and restrooms. Open lawns, shaded areas, picnic facilities, walkways, playground facilities and park benches are located alongside the North and South ponds. Amenities for both lodges include, electric fireplace, furnace, ceiling fans, picnic tables and benches, sinks, stoves, refrigerators and coat closets.

For more information please contact Julie Donnelly at 248-6280.

For more information please visit www.townofpittsford.org or contact Julie Donnelly at 248-6280.

Online Reservations

Available at www.townofpittsford.org
Click on "Facilities Reservations"

Reservation Packets are Available at

- Spiegel Community Center, 35 Lincoln Ave.
- Pittsford Town Hall, 11 S. Main St.
- Pittsford Community Library, 24 State St.

King's Bend Park Lodge Fees

South Lodge

Accommodates 50 people
Residents - \$125.00
Non-residents \$200.00

North Lodge

Accommodates 99 people
Residents - \$150.00
Non-residents - \$250.00





**Town of Pittsford
Recreation Department**
35 Lincoln Avenue
Pittsford, NY 14534

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candlelight
NIGHT

Tuesday, December 5 • 5:00-8:00pm



*The Nutcracker
Ballet*

Saturday, December 17
Performances at
1:00pm and 7:00pm



*Sweetheart
Dance*

Friday, February 10
6:30-9:00pm

PITTSFORD
TRIATHLON 2017



14th Annual Pittsford Triathlon

Tentative Mailing Date for Upcoming Spring 2017 Brochure: Week of March 1